

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cereal
Fresh Whole Fruit
Bear Graham
Milk, PL or 1% NF Chocolate

4

Apple Muffin Top or Cereal
Apple Sauce Cups
Milk, PL or 1% NF Chocolate

5

Beef Sausage Biscuit Sandwich
Oranges Halves
Milk, PL or 1% NF Chocolate

6

NO SCHOOL TODAY

7

French Toast Sticks
Fresh Apples
Milk, PL or 1% NF Chocolate

8

Cereal
Fresh Whole Fruit
Bear Graham
Milk, PL or 1% NF Chocolate

11

Cereal Bar
Apple Sauce Cups
Milk, PL or 1% NF Chocolate

12

Skillet Frittata
Orange Halves
Milk, PL or 1% NF Chocolate

13

Mini Breakfast Cluster
Craisins
Milk, PL or 1% or NF Chocolate

14

Taco w/ Egg and Cheese
Fresh Apples
Milk, PL 1% or NF Chocolate

15

Cereal
Fresh Whole Fruit
Bear Graham
Milk, PL or 1% NF Chocolate

18

NO SCHOOL TODAY

19

Beef Sausage Biscuit Sandwich
Oranges Halves
Milk, PL or 1% NF Chocolate

20

Blueberry Muffin
Craisins
Bear Graham
Milk, PL or 1% or NF Chocolate

21

French Toast Sticks
Fresh Apples
Milk, PL or 1% NF Chocolate

22

Cereal
Fresh Whole Fruit
Bear Graham
Milk, PL or 1% NF Chocolate

25

Apple Muffin Top or Cereal
Apple Sauce Cups
Milk, PL or 1% NF Chocolate

26

Skillet Frittata
Orange Halves
Milk, PL or 1% NF Chocolate

27

Mini Breakfast Cluster
Craisins
Milk, PL or 1% or NF Chocolate

28

Taco w/ Egg and Cheese
Fresh Apples
Milk, PL 1% or NF Chocolate

