

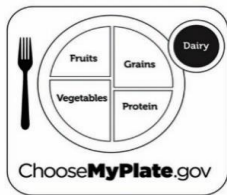


Did you know that TUSD offers ALL the elements of a healthy diet to keep your kids strong & healthy?

Look for these symbols next to your favorite menu items to find out all of the healthy options offered on the March menu!

- = Whole Grain
- = Low Fat
- = Smart Snack Dessert
- = Meatless
- = Contains Pork

For more information, please check out the back side of the menu!



Students must select three of the five food groups. One choice must be fruits or vegetables.

This institution is an equal opportunity provider.

TORRANCE UNIFIED SCHOOL DISTRICT ELEMENTARY LUNCH MENU

# March 2017

# MARCH

Prepay online at [family.titank12.com](http://family.titank12.com)

Check out our Salad Bar offered daily with seasonal fresh fruits and vegetables!

Daily Milk & Juice Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Alternative Menu Choices:</b></p> <ol style="list-style-type: none"> <li>PB&amp;J Sandwich </li> <li>Cup of Yogurt </li> <li>Grilled Cheese </li> <li>Entrée Salad (Mon-Thur) </li> </ol>	<p><b>Lunch Pricing:</b></p> <p>Paid \$3.00 Reduced \$0.40 Milk \$0.50</p> <p style="text-align: center;">**Menu Subject to Change</p>	<p><b>1</b> <b>Baja Fish Sticks</b>  Waffle Net Fries</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>2</b> <i>Dr. Seuss Day!</i> <b>Tyson Oven Baked Chicken Nuggets</b>  Baked Potato Wedges Educational Snacks </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>3</b> <b>Domino's Cheese Pizza</b>  Mixed Fruit</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>
<p><b>6-10 National School Breakfast Week 6th-10th - Come Join Us for Breakfast! (At participating schools)</b></p>				
<p><b>6</b> <b>Orange Chicken</b>  Brown Rice   Sweet Corn Fortune Cookie  </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>7</b> <i>Taco Tuesday!</i> <b>Soft Chicken Tacos</b>  with Salsa, Lettuce and Cheese Pinto Beans</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>8</b> <b>Papa John's Cheese Pizza</b>  Fresh Baby Carrots</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>9</b> <b>Brunch For Lunch</b> Cinnamon French Toast  Lean Beef Sausage Mixed Fruit</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>10</b> <b>Cheese Pizza</b>  Applesauce</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>
<p><b>13</b> <b>Breaded Chicken Drumsticks</b>  Mashed Potatoes  Roll </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>14</b> <b>Cheeseburger or Hamburger</b>  Oven Baked Seasoned Fries</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>15</b>  <b>Chicken Alfredo Pasta</b> Parmesan Breadstick   Fresh Apple Slices</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>16</b> <b>Mini Chicken Corn Dogs</b>  BBQ Baked Beans</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>17</b> <i>St. Patrick's Day!</i> <b>Domino's Cheese Pizza</b>  Mixed Fruit Shamrock Cookie  </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>
<p><b>20</b> <b>Brunch For Lunch</b> Pancakes  Lean Beef Sausage Applesauce</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>21</b> <b>Cheese Quesadilla</b>  Refried Beans</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>22</b> <b>Papa John's Cheese Pizza</b>  Fresh Baby Carrots</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>23</b> <b>Crispy Chicken Sandwich</b>  Baked Potato Wedges</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>24</b> <b>Rip &amp; Dip Cheese Pizza</b>  with Marinara Sauce Sidekicks 100% Frozen Juice </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>
<p><b>27</b> <b>Mac &amp; Cheese</b>  Parmesan Breadstick   Fresh Apple Slices </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>28</b> <b>Oven Roasted Chicken</b> Mashed Potatoes  Roll  </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>29</b> <b>Bean &amp; Cheese Burrito</b>  Sweet Corn Chocolate Chip Cookie  </p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>30</b> <b>Roasted Turkey Sandwich</b>  Baked Chips  Fresh Baby Carrots</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>	<p><b>31</b> <b>Cheese Pizza</b>  Mixed Fruit</p> <p style="text-align: center;"><i>Fresh Fruit &amp; Veggie Station</i></p>