

SEPTEMBER 2021

La Vernia High School

Students must select 3 or 4 items at breakfast for a reimbursable meal, one item must be a ½ cup of fruit.

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Bar Asst. Cereal Poptarts Fruit Juice Milk	French Toast Asst. Cereal Poptarts Fruit Juice Milk	Dutch Waffle Asst. Cereal Yogurt/Granola Poptarts Fruit Juice Milk
Labor Day	Bacon, Egg, Cheese Taco Asst. Cereal Poptarts Fruit Juice Milk	Mini Pancakes Asst. Cereal Poptarts Fruit Juice Milk	Ham/Cheese Flatbread Asst. Cereal Poptarts Fruit Juice Milk	Donut Asst. Cereal Yogurt/Granola Poptarts Fruit Juice Milk
Breakfast Pizza Asst. Cereal Poptarts Fruit Juice Milk	Bacon, Egg, Cheese Taco Asst. Cereal Poptarts Fruit Juice Milk	Muffin Asst. Cereal Poptarts Fruit Juice Milk	Sausage, Egg, Cheese Biscuit Asst. Cereal Poptarts Fruit Juice Milk	Cinnamon Roll Asst. Cereal Yogurt/Granola Poptarts Fruit Juice Milk
Student Holiday	Bacon, Egg, Cheese Taco Asst. Cereal Poptarts Fruit Juice Milk	Breakfast Bar Asst. Cereal Poptarts Fruit Juice Milk	French Toast Asst. Cereal Poptarts Fruit Juice Milk	Donut Holes Asst. Cereal Yogurt/Granola Poptarts Fruit Juice Milk
Breakfast Pizza Asst. Cereal Poptarts Fruit Juice Milk	Bacon, Egg, Cheese Taco Asst. Cereal Poptarts Fruit Juice Milk	Mini Pancakes Asst. Cereal Poptarts Fruit Juice Milk	Ham/Cheese Flatbread Asst. Cereal Poptarts Fruit Juice Milk	



This institution is an equal opportunity provider.
 Child Nutrition Dept. 830-779-6618
 Meals are subject to change.