

**BREAKFAST**

# SEPTEMBER 2021

## La Vernia Intermediate

Students must select 3 or 4 items at breakfast for a reimbursable meal, one item must be a 1/2 cup of fruit.



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6**

Labor Day

**7**

**Biscuit & Sausage**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**8**

**Breakfast Taco**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**9**

**Mini Pancakes**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**10**

**Donut**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**13**

**Breakfast Pizza**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**14**

**Omelet**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**15**

**Kolache**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**16**

**Bean & Cheese Taco**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**17**

**Cinnamon Roll**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**20**

Student Holiday

**21**

**French Toast Sticks**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**22**

**Breakfast Bar**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**23**

**Pancake on a Stick**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**24**

**Dutch Waffle**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**27**

**Breakfast Pizza**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**28**

**Biscuit & Sausage**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**29**

**Breakfast Taco**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk

**30**

**Mini Pancakes**  
Yogurt  
Asst. Cereal  
Fruit  
Juice  
Milk



**This institution is an equal opportunity provider.**  
Child Nutrition Dept. 830-779-6618  
Meals are subject to change