

La Vernia Jr.High Lunch Menu

November 2020



Lunch Meal Prices:

Student Full Price - \$2.70

Reduced - \$0.40

Adult - \$3.75

Hot Lunch Entrée - \$1.75

Fruit / Veggie - \$0.75

Snacks, Milk, Bread - \$0.60 to \$1.00

Canned Drink - \$1.00

Water - \$0.75

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit.

Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
2 Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk	3 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	4 Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	5 Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	6 Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
9 Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk	10 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	11 Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	12 Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	13 Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
16 Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk	17 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	18 Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	19 Thanksgiving Meal Turkey or Ham Stuffing, Gravy Roll Mashed Potatoes Green Beans Fruit Crisp Milk	20 Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
23 Holiday	24	25	26	27 Holiday
30 Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk				

Happy Thanksgiving

