



La Vernia High School Lunch

November 2020

Lunch Meal Prices:

Student Full Price - \$2.70

Reduced - \$0.40

Adult - \$3.75

Hot Lunch Entrée - \$1.75

Fruit / Veggie - \$0.75

Snacks, Milk, Bread - \$0.60 to \$1.00

Bottled Drink - \$1.00

Water - \$.075

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit.

Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
2 Turkey & Cheese Sandwich Cheeseburger Fruit Juice Baby Carrots French Fries Milk	3 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	4 Mozzarella Cheese Stick w/ Marinara Sauce Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	5 BBQ Riblet on a Bun Beef Tacos Fruit Cup Juice Baked Beans French Fries Milk	6 Mini Corn Dogs Pizza Slice Apple Slices Juice Red Pepper Strips/Carrots Cucumber Slices Milk
9 Turkey & Cheese Sandwich Cheeseburger Fruit Juice Baby Carrots French Fries Milk	10 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	11 Mozzarella Cheese Stick w/ Marinara Sauce Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	12 BBQ Riblet on Bun Beef Tacos Fruit Cup Juice Baked Beans French Fries Milk	13 Mini Corn Dogs Pizza Slice Apple Slices Juice Red Pepper Strips/Carrots Cucumber Slices Milk
16 Turkey & Cheese Sandwich Cheeseburger Fruit Juice Baby Carrots French Fries Milk	17 PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	18 Mozzarella Cheese Stick w/ Marinara Sauce Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	19 Thanksgiving Meal Turkey or Ham Stuffing, Gravy Roll Mashed Potatoes Green Beans Fruit Crisp Milk	20 Mini Corn Dogs Pizza Slice Apple Slices Juice Red Pepper Strips/Carrots Cucumber Slices Milk
Holiday				Holiday
30 Turkey & Cheese Sandwich Cheeseburger Fruit Juice Baby Carrots French Fries Milk				