

# La Vernia Jr.High Lunch Menu

## October 2020



### Lunch Meal Prices:

Student Full Price - \$2.70

Reduced - \$0.40

Adult - \$3.75

Hot Lunch Entrée - \$1.75

Fruit / Veggie - \$0.75

Snacks, Milk, Bread - \$0.60 to \$1.00

Large Bottled Drink - \$1.00

Small Bottled Water - \$0.35

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.  
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit.

Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
			<b>1</b> Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	<b>2</b> Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>5</b> Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk	<b>6</b> PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>7</b> Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	<b>8</b> Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	<b>9</b> Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk 
<b>12</b> Columbus Day	<b>13</b> PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>14</b> Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	<b>15</b> Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	<b>16</b> Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>19</b> Student Holiday	<b>20</b> PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>21</b> Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk 	<b>22</b> Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	<b>23</b> Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>26</b> Turkey & Cheese Sandwich Cheeseburger Raisins Juice Baby Carrots French Fries Milk	<b>27</b> PB&J Steak Fingers Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>28</b> Yogurt/Cheese Stick Chicken Sandwich Fresh Fruit Juice Baby Carrots Celery Milk	<b>29</b> Ham & Cheese Sandwich Soft Tacos Fruit Cup Juice Baked Beans French Fries Milk	<b>30</b> Chef Salad Pizza Slice Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk