



# La Vernia Jr.High Lunch Menu

September 2020

### Lunch Meal Prices:

Student Full Price - \$2.70

Reduced - \$0.40

Adult - \$3.75

Hot Lunch Entrée - \$1.75

Fruit / Veggie - \$0.75

Snacks, Milk, Bread - \$0.60 to \$1.00

Large Bottled Drink - \$1.00

Small Bottled Water - \$0.35

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.  
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit.

Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
	<b>1</b> <b>PB&amp;J</b> <b>Steak Fingers</b> Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>2</b> <b>Yogurt/Cheese Stick</b> <b>Chicken Sandwich</b> Fresh Fruit Juice Baby Carrots Milk	<b>3</b> <b>Ham &amp; Cheese Sandwich</b> <b>Soft Tacos</b> Fruit Cup Juice Baked Beans French Fries Milk	<b>4</b> <b>Chef Salad</b> <b>Pizza Slice</b> Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>7</b> <b>Labor Day</b>	<b>8</b> <b>PB&amp;J</b> <b>Steak Fingers</b> Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>9</b> <b>Yogurt/Cheese Stick</b> <b>Chicken Sandwich</b> Fresh Fruit Juice Baby Carrots Milk	<b>10</b> <b>Ham &amp; Cheese Sandwich</b> <b>Soft Tacos</b> Fruit Cup Juice Baked Beans French Fries Milk	<b>11</b> <b>Chef Salad</b> <b>Pizza Slice</b>  Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>14</b> <b>Turkey &amp; Cheese Sandwich</b> <b>Cheeseburger</b> Raisins Juice Baby Carrots French Fries Milk	<b>15</b> <b>PB&amp;J</b> <b>Steak Fingers</b> Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>16</b> <b>Yogurt/Cheese Stick</b> <b>Chicken Sandwich</b> Fresh Fruit Juice Baby Carrots Milk	<b>17</b> <b>Ham &amp; Cheese Sandwich</b> <b>Soft Tacos</b> Fruit Cup Juice Baked Beans French Fries Milk	<b>18</b> <b>Chef Salad</b> <b>Pizza Slice</b> Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>21</b> <b>Holiday</b>	<b>22</b> <b>PB&amp;J</b> <b>Steak Fingers</b>  Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>23</b> <b>Yogurt/Cheese Stick</b> <b>Chicken Sandwich</b> Fresh Fruit Juice Baby Carrots Milk	<b>24</b> <b>Ham &amp; Cheese Sandwich</b> <b>Soft Tacos</b> Fruit Cup Juice Baked Beans French Fries Milk	<b>25</b> <b>Chef Salad</b> <b>Pizza Slice</b> Apple Juice Red Pepper Strips/Carrots Cucumber Slices Milk
<b>28</b> <b>Turkey &amp; Cheese Sandwich</b> <b>Cheeseburger</b> Raisins Juice Baby Carrots French Fries Milk	<b>29</b> <b>PB&amp;J</b> <b>Steak Fingers</b> Fruit Cup Juice Broccoli Mashed Potatoes Milk	<b>30</b> <b>Yogurt/Cheese Stick</b> <b>Chicken Sandwich</b> Fresh Fruit Juice Baby Carrots Milk		