

La Vernia Jr.High Lunch Menu

February 2020



Mon

Tue

Wed

Thu

Fri



Lunch Meal Prices:

Student Full Price - \$2.70
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00
Small Bottled Water - \$0.35

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

3

Steak Fingers
Caesar Salad
PB&J Meal
 Mashed Potatoes
 Corn on the Cob
 Fruit Variety
 Milk

4

Chicken Parmesan
Chef Salad
PB&J Meal
 Steamed Broccoli
 Tomato/Cucumber Salad
 Fruit Variety
 Milk

5

Beef Tacos
Taco Salad
PB&J Meal
 Corn
 Taco Trimming
 Fruit Variety
 Milk

6

General Tso Chicken w/ Rice, PB&J Meal, Crispy Chicken Salad
 Celery w/Ranch
 French Fries
 Fruit
 Milk

7

Personal Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 French Fries
 Fruit Variety
 Milk

10

Chicken Drumstick
Caesar Salad
PB&J Meal
 French Fries
 Corn on the Cob
 Fruit Variety
 Milk

11

Spaghetti & Meatsauce
Chef Salad
PB&J Meal
 Green Beans
 Garden Salad
 Fruit Variety
 Milk

12

Burrito w/Cheese
Taco Salad
PB&J Meal
 Jicama
 Charro Beans
 Fruit Variety
 Milk

13

Teriyaki Chicken w/Rice
Crispy Chicken salad
PB&J Meal
 Mixed Vegetables
 Tomato Cup
 French Fries
 Fruit Variety
 Milk



Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 French Fries
 Fruit Variety
 Milk

17

Holiday

18

Country Chicken Bowl
Chef Salad
PB&J Meal
 Garden Salad
 Green Beans
 Fruit Variety
 Milk

19

Nachos
Taco Salad
PB&J Meal
 Refried Beans
 Cucumber slices
 Fruit Variety
 Milk

20

Orange Chicken w/Rice
Crispy Chicken Salad
PB&J Meal
 Red Peppers/Carrots
 French Fries
 Fruit Variety

21

Pizza, Baked potato, Hamburger/Cheeseburger
 Steamed Broccoli
 Garden Salad
 Sidekick
 Fruit Variety
 Milk

24

Steak Fingers
Caesar Salad
PB&J Meal
 Mashed Potatoes
 Corn on the Cob
 Fruit Variety
 Milk

25

Chicken Parmesan
Chef Salad
PB&J Meal
 Steamed Broccoli
 Tomato/Cucumber Salad
 Fruit Variety
 Milk

26

Beef Tacos
Taco Salad
PB&J Meal
 Corn
 Taco Trimming
 Fruit Variety
 Milk

27

General Tso Chicken w/ Rice, PB&J Meal, Crispy Chicken Salad
 Celery w/Ranch
 French Fries
 Fruit
 Milk

28

Personal Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 French Fries
 Fruit Variety
 Milk