



La Vernia Primary and Intermediate Lunch Menu

January 2020

Lunch Meal Prices:

Student Full Price - \$2.45
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00
Small Bottled Water - \$0.35

Prices are subject to change.

Joke of the Month



He was not peeling well.

■ Students must select
 ■ 3 components for a
 ■ reimbursable meal,
 ■ one component must
 ■ be a 1/2 cup of vege-
 ■ table or fruit. Meal
 ■ components are Pro-
 ■ tein, Grain, Vegeta-
 ■ ble, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
				
6 Holiday	7 Frito Pie Baked Potato w/Cheese Pinto Beans Tomato Cup Fruit Variety Milk	8 Chicken Strips Chef Salad Mac & Cheese Mashed Potatoes Garden Salad Fruit Variety Milk	9 Bean & Cheese Taco Yogurt Plate Corn Cucumbers w/Ranch Fruit Variety Milk	10 Pizza PB&J Meal Peas & Carrots Garden Salad Sidekick Fruit Variety Milk
13 Hamburger / Cheeseburger PB&J Meal Fries Sandwich Trim Fruit Variety Milk	14 Steak Fingers w/ Mac & Cheese Baked Potato w/Cheese Steamed Carrots Broccoli w/Ranch Fruit Variety Milk	15 Mini Corn Dogs Chef Salad Peas Red Bell Pepper & Carrots Fruit Variety Milk	16 Lunch Box Yogurt Plate Baked Beans Tomato & Lettuce Cup Fruit Variety Milk	17 Pizza PB&J Meal Green Beans Garden Salad Fruit Variety Milk
20 Holiday	21 Spaghetti w/Meat sauce Baked Potato w/Cheese Broccoli w/Cheese Garden Salad Fruit Variety Milk	22 Chicken Nuggets Chef Salad Mac & Cheese Mashed Potatoes Red Bell Pepper & Carrots Fruit Variety Milk	23 Nachos Yogurt Plate Pinto Beans Tomato & Lettuce Cup Fruit Variety Milk	24 Pizza PB&J Meal Corn Garden Salad Fruit Variety Milk
27 Hot Dog PB&J Meal Smile Fries Carrots w/ Ranch Fruit Variety Milk	28 Frito Pie Baked Potato w/Cheese Pinto Beans Tomato Cup Fruit Variety Milk	29 Chicken Strips Chef Salad Mac & Cheese Mashed Potatoes Garden Salad Fruit Variety Milk	30 Bean & Cheese Taco Yogurt Plate Corn Cucumbers w/Ranch Fruit Variety Milk	31 Pizza PB&J Meal Peas & Carrots Garden Salad Sidekick Fruit Variety Milk