



La Vernia High School Lunch

January 2020

Lunch Meal Prices:

Student Full Price - \$2.70
 Reduced - \$0.40
 Adult - \$3.75
 Hot Lunch Entrée - \$1.75
 Fruit / Veggie - \$0.75
 Snacks, Milk, Bread - \$0.60 to \$1.00
 Large Bottled Drink - \$1.00

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
 830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
		1	2	3
6 Holiday	7 Cheese Sticks w/marinara Spaghetti w/ Meatsauce & Breadstick Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	8 Nachos Chicken Sandwich Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	9 Orange Chicken w/Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Red Pepper & Carrots French Fries Fruit Variety, Milk	10 Pizza Country Chicken Bowl Chicken Wrap PB&J Meal Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk
13 Steak Fingers and Roll BBQ Sandwich Caesar Salad PB&J Meal Mac & Cheese Peas Fruit Variety Milk	14 Chicken Parmesan Turkey & Swiss Sub Chef Salad PB&J Meal Steamed Broccoli Tomato/Cucumber Salad Fruit Variety Milk	15 Chicken Fajita Taco Chicken Sandwich Taco Salad PB&J Meal Tomato & Pepper Salad Corn on the Cob Fruit Variety Milk	16 General Tso Chicken w/ Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Celery w/Ranch French Fries Fruit Variety, Milk	17 Personal Pizza Chicken Wings Chicken Wrap PB&J Meal Garden Salad French Fries Fruit Variety Milk
20 Holiday	21 Chicken Alfredo Meatball Sub Chef Salad PB&J Meal Green Beans Garden Salad Fruit Variety Milk	22 Burrito w/ Cheese Chicken Sandwich Taco Salad PB&J Meal Jicama Charro Beans Fruit Variety Milk	23 Teriyaki Chicken w/Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Celery w/Ranch French Fries Fruit Variety, Milk	24 Pizza Popcorn Chicken Basket Chicken Wrap PB&J Meal Garden Salad Broccoli Sidekick Fruit Variety, Milk
27 Chicken Strips Ham & Cheese Croissant Caesar Salad PB&J Meal Mashed Potatoes Carrot sticks w/ranch Fruit Variety Milk	28 Cheese Sticks w/marinara Spaghetti w/ Meatsauce & Breadstick Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	29 Nachos, Chicken Sandwich Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	30 Orange Chicken w/Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Red Pepper & Carrots French Fries Fruit Variety, Milk	31 Pizza Country Chicken Bowl Chicken Wrap PB&J Meal Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk