



La Vernia Jr.High Lunch Menu

January 2020

Lunch Meal Prices:


Student Full Price - \$2.70
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00
Small Bottled Water - \$0.35

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
		1	2	3
6 Holiday	7 Country Chicken Bowl Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	8 Nachos Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	9 Orange Chicken w/Rice Crispy Chicken Salad PB&J Meal Red Peppers/Carrots French Fries Fruit Variety Milk	10 Pizza, Baked potato, Hamburger/Cheeseburger Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk
13 Steak Fingers Caesar Salad PB&J Meal Mashed Potatoes Corn on the Cob Fruit Variety Milk	14 Chicken Parmesan Chef Salad PB&J Meal Steamed Broccoli Tomato/Cucumber Salad Fruit Variety Milk	15 Beef Tacos Taco Salad PB&J Meal Corn Taco Trimming Fruit Variety Milk	16 General Tso Chicken w/ Rice, PB&J Meal, Crispy Chicken Salad Celery w/Ranch French Fries Fruit Milk	17 Personal Pizza Baked Potato Hamburger/Cheeseburger Garden Salad French Fries Fruit Variety Milk
20 Holiday	21 Spaghetti & Meatsauce Chef Salad PB&J Meal Green Beans Garden Salad Fruit Variety Milk	22 Burrito w/Cheese Taco Salad PB&J Meal Jicama Charro Beans Fruit Variety Milk	23 Teriyaki Chicken w/Rice Crispy Chicken salad PB&J Meal Mixed Vegetables Tomato Cup French Fries Fruit Variety Milk	24 Pizza Baked Potato Hamburger/Cheeseburger Garden Salad French Fries Fruit Variety Milk
27 Chicken Strips Caesar Salad PB&J Meal Mashed Potatoes Carrot sticks w/ranch Fruit Variety Milk	28 Country Chicken Bowl Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	29 Nachos Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	30 Orange Chicken w/Rice Crispy Chicken Salad PB&J Meal Red Peppers/Carrots French Fries Fruit Variety Milk	31 Pizza, Baked potato, Hamburger/Cheeseburger Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk