



# La Vernia Jr.High Lunch Menu

# December 2019

### Lunch Meal Prices:

**Student Full Price - \$2.70**

**Reduced - \$0.40**

**Adult - \$3.75**

**Hot Lunch Entrée - \$1.75**

**Fruit / Veggie - \$0.75**

**Snacks, Milk, Bread - \$0.60 to \$1.00**

**Large Bottled Drink - \$1.00**

**Small Bottled Water - \$0.35**

**Prices are subject to change.**

This institution is an equal opportunity provider.

Child Nutrition Dept.  
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
<b>2</b> Chicken Strips Caesar Salad PB&J Meal Mashed Potatoes Carrot sticks w/ranch Fruit Variety Milk	<b>3</b> Country Chicken Bowl Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	<b>4</b> Nachos Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	<b>5</b> Orange Chicken w/Rice Crispy Chicken Salad PB&J Meal Red Peppers/Carrots French Fries Fruit Variety Milk	<b>6</b> Pizza, Baked potato, Hamburger/Cheeseburger Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk
<b>9</b> Steak Fingers Caesar Salad PB&J Meal Mashed Potatoes Corn on the Cob Fruit Variety Milk	<b>10</b> Chicken Parmesan Chef Salad PB&J Meal Steamed Broccoli Tomato/Cucumber Salad Fruit Variety Milk	<b>11</b> Beef Tacos Taco Salad PB&J Meal Corn Taco Trimming Fruit Variety Milk	<b>12</b> General Tso Chicken w/ Rice, PB&J Meal, Crispy Chicken Salad Celery w/Ranch French Fries Fruit Milk	<b>13</b> Personal Pizza Baked Potato Hamburger/Cheeseburger Garden Salad French Fries Fruit Variety Milk
<b>16</b> Chicken Drumstick Caesar Salad PB&J Meal French Fries Corn on the Cob Fruit Variety Milk	<b>17</b> Spaghetti & Meatsauce Chef Salad PB&J Meal Green Beans Garden Salad Fruit Variety Milk	<b>18</b> Burrito w/Cheese Taco Salad PB&J Meal Jicama Charro Beans Fruit Variety Milk	<b>19</b> <u>Holiday Meal</u> Sliced Turkey w/ Gravy Sliced Ham Roll Stuffing Mashed Potatoes Green Beans Apple Crisp Milk	<b>20</b> Pizza Baked Potato Hamburger/Cheeseburger Garden Salad French Fries Fruit Variety Milk
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<h2>Christmas Holiday's December 23, 2019 - January 6, 2020</h2>				
<b>30</b>	<b>31</b>			