



# La Vernia Primary and Intermediate Lunch Menu

## December 2019

### Lunch Meal Prices:

**Student Full Price - \$2.45**

**Reduced - \$0.40**

**Adult - \$3.75**

**Hot Lunch Entrée - \$1.75**

**Fruit / Veggie - \$0.75**

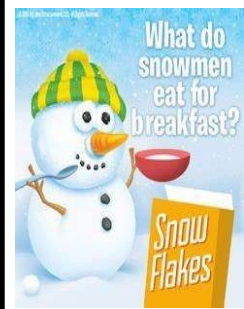
**Snacks, Milk, Bread - \$0.60 to \$1.00**

**Large Bottled Drink - \$1.00**

**Small Bottled Water - \$0.35**

Prices are subject to change.

### Joke of the Month



Mon	Tue	Wed	Thu	Fri
<b>2</b> <b>Hot Dog</b> <b>PB&amp;J Meal</b> <b>Smile Fries</b> <b>Carrots w/Ranch</b> <b>Fruit Variety</b> <b>Milk</b>	<b>3</b> <b>Frito Pie</b> <b>Baked Potato w/Cheese</b> <b>Baked Beans</b> <b>Tomato Cup</b> <b>Fruit Variety</b> <b>Milk</b>	<b>4</b> <b>Chicken Strips</b> <b>Chef Salad</b> <b>Mac &amp; Cheese</b> <b>Mashed Potatoes</b> <b>Garden Salad</b> <b>Fruit Variety</b> <b>Milk</b>	<b>5</b> <b>Burrito w/Cheese Sauce</b> <b>Yogurt Plate</b> <b>Corn</b> <b>Cucumbers w/Ranch</b> <b>Fruit Variety</b> <b>Milk</b>	<b>6</b> <b>Pizza</b> <b>PB&amp;J Meal</b> <b>Peas &amp; Carrots</b> <b>Garden Salad</b> <b>Sidekick</b> <b>Fruit Variety</b> <b>Milk</b>
<b>9</b> <b>Hamburger / Cheeseburger</b> <b>PB&amp;J Meal</b> <b>Fries</b> <b>Sandwich Trim</b> <b>Fruit Variety</b> <b>Milk</b>	<b>10</b> <b>Tangerine Chicken w/ Rice</b> <b>Baked Potato w/Cheese</b> <b>Steamed Carrots</b> <b>Broccoli w/Ranch</b> <b>Fruit Variety</b>	<b>11</b> <b>Mini Corn Dogs</b> <b>Chef Salad</b> <b>Peas</b> <b>Red Bell Pepper &amp; Carrots</b> <b>Fruit Variety</b> <b>Milk</b>	<b>12</b> <b>Beef Quesadillas</b> <b>Yogurt Plate</b> <b>Refried Beans</b> <b>Tomato &amp; Lettuce Cup</b> <b>Fruit Variety</b> <b>Milk</b>	<b>13</b> <b>Pizza</b> <b>PB&amp;J Meal</b> <b>Green Beans</b> <b>Garden Salad</b> <b>Fruit Variety</b> <b>Milk</b>
<b>16</b> <b>Chicken Sandwich</b> <b>PB&amp;J Meal</b> <b>Fries</b> <b>Sandwich Trim</b> <b>Fruit Variety</b> <b>Milk</b>	<b>17</b> <b>Spaghetti w/Meat sauce</b> <b>Baked Potato w/Cheese</b> <b>Broccoli w/Cheese</b> <b>Garden Salad</b> <b>Fruit Variety</b> <b>Milk</b>	<b>18</b> <b>Chicken Nuggets</b> <b>Chef Salad</b> <b>Mac &amp; Cheese</b> <b>Mashed Potatoes</b> <b>Red Bell Pepper &amp; Carrots</b> <b>Fruit Variety</b> <b>Milk</b>	<b>19</b> <b>Holiday Meal</b> <b>Sliced Turkey w/ Gravy</b> <b>Sliced Ham</b> <b>Roll</b> <b>Stuffing</b> <b>Mashed Potatoes</b> <b>Green Beans</b> <b>Apple Crisp</b> <b>Milk</b>	<b>20</b> <b>Pizza</b> <b>PB&amp;J Meal</b> <b>Corn</b> <b>Garden Salad</b> <b>Sidekick</b> <b>Fruit Variety</b>
<b>23</b>				
<b>24</b>				
<b>25</b>				
<b>26</b>				
<b>27</b>				
<b>Christmas Holidays December 23, 2019 — January 6, 2020</b>				
<b>30</b>	<b>31</b>			

- Students must select
- 3 components for a reimbursable meal,
- one component must
- be a 1/2 cup of vegetable or fruit. Meal
- components are Protein, Grain, Vegetable, Fruit, and Milk.