



La Vernia High School Lunch Menu

November 2019

Lunch Meal Prices:

Student Full Price - \$2.70
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
				1 Pizza Popcorn Chicken Basket Baked Potato Tuna Sandwich Meal Garden Salad Broccoli Sidekick Fruit Variety
4 Chicken Strips Ham & Cheese Croissant Caesar Salad PB&J Meal Mashed Potatoes Carrot Sticks w/ranch Fruit Variety Milk	5 Cheese Sticks w/marinara Meatball Sub Chef Salad PB&J Meal Garden Salad Green Beans Fruit Variety Milk	6 Nachos, Chicken Sandwich Chicken Taco Salad PB&J Meal Refried Beans Cucumber slices Fruit Variety Milk	7 Orange Chicken w/Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Red Pepper & Carrots French Fries Fruit Variety Milk	8 Pizza Country Chicken Bowl Baked potato Tuna Sandwich Meal Steamed Broccoli Garden Salad Sidekick Fruit Variety Milk
11 Steak Fingers BBQ Sandwich Caesar Salad PB&J Meal Mashed Potatoes Corn on the Cob Fruit Variety Milk	12 Chicken Parmesan Meatball Sub Chef Salad PB&J Meal Steamed Broccoli Tomato/Cucumber Salad Fruit Variety Milk	13 Chicken Fajita Bowl Chicken Sandwich Taco Salad PB&J Meal Tomato & Pepper Salad Corn Fruit Variety Milk	14 General Tso Chicken w/Rice & Eggroll Hamburger/Cheeseburger Crispy Chicken Salad PB&J Meal Sandwich Trimming Celery w/Ranch French Fries Fruit Variety, Milk	15 Personal Pizza Chicken Wings Baked Potato Tuna Sandwich Meal Garden Salad French Fries Fruit Variety Milk
18 Mesquite Chicken Drumsticks Ham & Cheese Croissant Caesar Salad PB&J Meal, French Fries Corn on the Cob Fruit Variety Milk	19 Chicken Alfredo Meatball Sub Chef Salad PB&J Meal Green Beans Garden Salad Fruit Variety Milk	20 Burrito w/ Cheese Chicken Sandwich Taco Salad PB&J Meal Jicama Charro Beans Fruit Variety Milk	Thanksgiving Meal Sliced Turkey w/ Gravy Sliced Ham Roll Stuffing Mashed Potatoes Green Beans Apple Crisp Milk	22 Pizza Popcorn Chicken Basket Baked Potato Tuna Sandwich Meal Garden Salad Broccoli Sidekick Fruit Variety
25 Holiday	26 Holiday	27 <i>Have a Happy and Safe Thanksgiving..</i>		29 Holiday