



La Vernia Jr.High Lunch Menu

November 2019

Lunch Meal Prices:

Student Full Price - \$2.70
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Can Drink - \$1.00
Bottled Water - \$0.75

Prices are subject to change.

This institution is an equal opportunity provider.

Child Nutrition Dept.
830-779-6618

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon



4
Chicken Strips
Caesar Salad
PB&J Meal
 Mashed Potatoes
 Carrot sticks w/ranch
 Fruit Variety
 Milk

11
Steak Fingers
Caesar Salad
PB&J Meal
 Mashed Potatoes
 Corn on the Cob
 Fruit Variety
 Milk

18
Chicken Drumstick
Caesar Salad
PB&J Meal
 French Fries
 Corn on the Cob
 Fruit Variety
 Milk

25
Holiday

Tue



5
Country Chicken Bowl
Chef Salad
PB&J Meal
 Garden Salad
 Green Beans
 Fruit Variety
 Milk

12
Chicken Parmesan
Chef Salad
PB&J Meal
 Steamed Broccoli
 Tomato/Cucumber Salad
 Fruit Variety
 Milk

19
Spaghetti & Meatsauce
Chef Salad
PB&J Meal
 Green Beans
 Garden Salad
 Fruit Variety
 Milk

26
Holiday

Wed

6
Nachos
Taco Salad
PB&J Meal
 Refried Beans
 Cucumber slices
 Fruit Variety
 Milk

13
Beef Tacos
Taco Salad
PB&J Meal
 Corn
 Taco Trimming
 Fruit Variety
 Milk

20
Burrito w/Cheese
Taco Salad
PB&J Meal
 Jicama
 Charro Beans
 Fruit Variety
 Milk

27
Have a Happy and Safe Thanksgiving..

Thu

7
Orange Chicken w/Rice
Crispy Chicken Salad
PB&J Meal
 Red Peppers/Carrots
 French Fries
 Fruit Variety
 Milk

14
General Tso Chicken w/ Rice, PB&J Meal, Crispy Chicken Salad
 Celery w/Ranch
 French Fries
 Fruit
 Milk

Thanksgiving Meal
Sliced Turkey w/Gravy
Sliced Ham, Roll, Stuffing, Mashed Potatoes, Green Beans
Apple Crisp
 Milk



Fri

1
Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 Broccoli
 Sidekick
 Fruit Variety

8
Pizza, Baked potato, Hamburger/Cheeseburger
Steamed Broccoli
 Garden Salad
 Sidekick
 Fruit Variety
 Milk

15
Personal Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 French Fries
 Fruit Variety
 Milk

22
Personal Pizza
Baked Potato
Hamburger/Cheeseburger
 Garden Salad
 French Fries
 Fruit Variety
 Milk

29
Holiday