



La Vernia Primary and Intermediate Lunch Menu

November 2019

Lunch Meal Prices:

Student Full Price - \$2.45
Reduced - \$0.40
Adult - \$3.75
Hot Lunch Entrée - \$1.75
Fruit / Veggie - \$0.75
Snacks, Milk, Bread - \$0.60 to \$1.00
Large Bottled Drink - \$1.00
Small Bottled Water - \$0.35
 Prices are subject to change.

Joke of the Month

*WHAT DO YOU
 CALL A GOOD
 LOOKING
 PUMPKIN?*

GOURDGEOUS !!!

Students must select 3 components for a reimbursable meal, one component must be a 1/2 cup of vegetable or fruit. Meal components are Protein, Grain, Vegetable, Fruit, and Milk.

Mon	Tue	Wed	Thu	Fri
				1 Pizza PB&J Meal Corn Garden Salad Sidekick Fruit Variety Milk
4 Hot Dog PB&J Meal Smile Fries Carrots w/Ranch Fruit Variety Milk	5 Mac & Cheese w/Ham Baked Potato w/Cheese Baked Beans Tomato Cup Fruit Variety Milk	6 Chicken Strips Chef Salad Mashed Potatoes Garden Salad Fruit Variety Milk	7 Burrito w/Cheese Sauce Yogurt Plate Corn Cucumbers w/Ranch Fruit Variety Milk	8 Pizza PB&J Meal Peas & Carrots Garden Salad Sidekick Fruit Variety Milk
11 Hamburger / Cheeseburger PB&J Meal Fries Sandwich Trim Fruit Variety Milk	12 Tangerine Chicken w/ Rice Baked Potato w/Cheese Steamed Carrots Broccoli w/Ranch Fruit Variety	13 Mini Corn Dogs Chef Salad Peas Red Bell Pepper & Carrots Fruit Variety Milk	14 Beef Quesadillas Yogurt Plate Refried Beans Tomato & Lettuce Cup Fruit Variety Milk	15 Pizza PB&J Meal Green Beans Garden Salad Fruit Variety Milk
18 Chicken Sandwich PB&J Meal Fries Sandwich Trim Fruit Variety Milk	19 Spaghetti w/Meat sauce Baked Potato w/Cheese Broccoli w/Cheese Garden Salad Fruit Variety Milk	20 Chicken Nuggets Chef Salad Mashed Potatoes Red Bell Pepper & Carrots Fruit Variety Milk	Thanksgiving Meal Sliced Turkey w/Gravy Sliced Ham Roll, Stuffing, Mashed Potatoes, Green Beans, Apple Crisp Milk	22 Pizza PB&J Meal Corn Garden Salad Sidekick Fruit Variety
25 Holiday	26 Holiday	27 Have a Happy and Safe Thanksgiving	28 	29 Holiday