



Featured Georgia Produce: Pumpkin

Monday	Tuesday	Wednesday	Thursday	Friday
	Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Putnam County is operating under SSO.			01 Breakfast Chicken Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Peanut Butter & Jelly Sandwich or Hot Ham & Cheese L.O. Burgers Assorted Chips Broccoli & Carrots w/ Ranch Assorted Fresh Fruit
04 Breakfast Breakfast Pizza or Cereal 100% Fruit Juice Fresh Fruit Lunch Beef Nacho's w/ Nacho Chips Cheese Sauce or Hamburger Yam Patties, Kernel Corn Assorted Fresh Fruit	05 Breakfast Cheese Grits & Sausage Patty or Cereal, 100% Fruit Juice Fresh Fruit Lunch Chicken or Beef Nuggets Stars & Breadstick Creamy Mashed Potatoes Italian Cut Green Beans FRESH Pears	06 Breakfast Chicken Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch L.O. Sloppy Joe w/ WG Bun or Chicken Sandwich w/ WG Bun L.O. Potato Triangles Broccoli w/ Cheese Sauce Applesauce Cup	07 Breakfast Sausage Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Hamburger or Corndog w/ WG Bun Savory Baked Beans Tater Tots Assorted Fresh Fruit	
		13 Breakfast Sausage Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Pepperoni Pizza Kernel Corn Assorted Fresh Fruit	14 Breakfast Chicken Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Beef Nacho's w/ Nacho Chips Cheese Sauce Steamed Broccoli Applesauce Cup	15 Breakfast Breakfast Pizza or Cereal 100% Fruit Juice Fresh Fruit Lunch Peanut Butter & Jelly Sandwich Assorted Chips Broccoli & Carrots w/ Ranch Assorted Fresh Fruit
18 Breakfast Cheese Grits & Sausage Patty or Cereal, 100% Fruit Juice Fresh Fruit Lunch Sloppy Joe w/ WG Bun Potato Triangles Applesauce Cup	19 Breakfast Sausage Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Beef Nuggets WG Roll Fresh Carrots & Ranch Dressing Sliced Pears	20 Breakfast Chicken Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Corn Dog (HS Pizza) Tater Tots Assorted Fresh Fruit	21 Breakfast Cheese Grits & Sausage Patty or Cereal, 100% Fruit Juice Fresh Fruit Lunch Hamburger Tater Tots Applesauce Cup	22 Breakfast Pop Tart or Cereal 100% Fruit Juice Fresh Fruit Lunch Cheese Grits Sausage Patty Biscuit, Assorted Jellies Potato Triangle, Fresh Fruit
25 Breakfast Breakfast Pizza or Cereal 100% Fruit Juice Fresh Fruit Lunch Chicken Nuggets WG Roll Italian Cut Green Beans Sliced Pears	26 Breakfast Sausage Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Sloppy Joe w/ WG Bun or Steamed Broccoli Applesauce Cup	27 Breakfast Chicken Biscuit, Assorted Jellies or Cereal, 100% Fruit Juice Fresh Fruit Lunch Pepperoni Pizza Kernel Corn Assorted Fresh Fruit	28 Breakfast Cheese Grits & Sausage Patty or Cereal, 100% Fruit Juice Fresh Fruit Lunch Chili Tater Tots Casserole Creamy Ranch Mashed Potatoes Sliced Peaches	29 Breakfast Pop Tart or Cereal 100% Fruit Juice Fresh Fruit Lunch Ham & Cheese Sandwich Assorted Chips Wango Mango Juice Applesauce Cup

National School Lunch Week
 October 12-16, 2021



THIS YEAR ALL STUDENTS ARE FREE FOR BREAKFAST AND LUNCH

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

* Variety of Milk (Breakfast & Lunch)
 Cereal, 100% Juice
 Fresh Fruit or Vegetables are Offered Daily for Breakfast *

THIS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER