

# OCTOBER 2021

## Putnam County High School






### Breakfast and Lunch

# Menu



**BREAKFAST PRICES** **LUNCH PRICES**  
NO COST (STUDENTS) NO COST TO STUDENTS  
ADULT: \$1.75 ADULT: \$4.00

**Featured Georgia Produce: Pumpkin**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Notice to Parents:</b> Putnam County Charter School Nutrition Program offers a variety of produce at every meal. <b>Children must choose a minimum of 1/2 cup of fruit or vegetable</b> for Breakfast &amp; Lunch. Putnam County is operating under SSO.</p>			<p><b>01 Breakfast</b> Bacon, Grits, Eggs <b>Lunch</b> Chicken Tenders w/ WG Roll Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Baked Potato Glazed Carrots Fresh Apple</p>
<p><b>04 Breakfast</b> Sausage Biscuit &amp; Grits <b>Lunch</b> Beef &amp; Gravy w/ WG Roll Salad Bar w/ WG Roll Pizza / Corndog WG Rice Broccoli &amp; Cheese Cinnamon Apple</p>	<p><b>05 Breakfast</b> Chicken Biscuit &amp; Grits <b>Lunch</b> Baked Chicken Homemade Cornbread Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Turnips / Squash Fresh Peach</p>	<p><b>06 Breakfast</b> Steak Biscuit &amp; Grits <b>Lunch</b> Cheesy Nachos w/ Chips Salad Bar w/ WG Roll Pizza, /Hotdog w/ WG Bun Corn /Salsa Refried Beans/ Tossed Salad Fresh Orange</p>	<p><b>07 Breakfast</b> French Toasts &amp; Sausage Links <b>Lunch</b> Spaghetti w/ Roll Salad Bar w/ WG Roll Pizza/ Hamburger w/ Bun Tossed Salad Glazed Carrots Fresh Red Apple</p>	
		<p><b>13 Breakfast</b> Steak Biscuit &amp; Grits <b>Lunch</b> Chicken Tender w/ Roll Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Baked Potato Carrots &amp; Dressing Fresh Apple</p>	<p><b>14 Breakfast</b> Sausage Biscuit &amp; Grits <b>Lunch</b> Sweet &amp; Sour Meatball w/ Roll Salad Bar w/ WG Roll Pizza, Meatball w/ WG Sub Mac- Cheese Steam Broccoli Fresh Orange</p>	<p><b>15 Breakfast</b> Bacon, Grits &amp; Eggs <b>Lunch</b> BBQ Chicken Homemade Cornbread Salad Bar w/ WG Roll Pizza, Hamburger w/ Bun Pinto Beans / Turnips Fresh Pears</p>
<p><b>18 Breakfast</b> Chicken Biscuit &amp; Grits <b>Lunch</b> Spaghetti w/ WG Roll Salad Bar w/ WG Roll Pizza, Corndog Buttered Corn Tossed Salad Fresh Pear</p>	<p><b>19 Breakfast</b> Sausage Biscuit &amp; Grits <b>Lunch</b> Chicken Pot Pie w/ Roll Salad Bar w/ Roll Pizza/ Chicken w/ WG Bun Carrots &amp; Dressing Green Beans Peach Cobbler</p>	<p><b>20 Breakfast</b> Steak Biscuit &amp; Tri Tater <b>Lunch</b> Chili w/ Beans WG Roll Salad Bar w/ WG Roll Pizza, Hot Dog w/ WG Bun / Baked Potato Tossed Salad Fresh Red Apple</p>	<p><b>21 Breakfast</b> Bacon, Grits &amp; Eggs <b>Lunch</b> Cheesy Nachos Salad Bar w/ WG Roll Pizza/ Hamburger w/ Bun Corn / Salsa Refried Beans/ Tossed Salad Fresh Orange</p>	<p><b>22 Breakfast</b> French Toasts &amp; Chicken <b>Lunch</b> Chicken Tenders w/ WG Roll Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Steam Broccoli Sweet Potato Fresh Golden Apple</p>
<p><b>25 Breakfast</b> Sausage Biscuit &amp; Grits <b>Lunch</b> Meatballs w/ WG Roll Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Mashed Potatoes Broccoli &amp; Cheese Sauce Cinnamon Apple</p>	<p><b>26 Breakfast</b> Sausage Links &amp; Biscuit &amp; Grits <b>Lunch</b> Sweet &amp; Sour Chicken or Salad Bar w/ WG Roll Pizza, Corndog WG Stir Fry Rice Pea &amp; Carrots Mandarin Oranges Wedges</p>	<p><b>27 Breakfast</b> Steak Biscuit &amp; Grits <b>Lunch</b> Beef Soup w/ WG PBJ Salad Bar w/ WG Roll Hamburger w/ WG Bun Pizza Baked Potato Tossed Salad Fresh Apple</p>	<p><b>28 Breakfast</b> Chicken Biscuit &amp; Grits <b>Lunch</b> Chicken Tenders w/ WG Roll Salad Bar w/ WG Roll Pizza, Chicken w/ WG Bun Cream Corn Blackeye Peas Slice Pears</p>	<p><b>29 Breakfast</b> Bacon Biscuit &amp; Grits <b>Lunch</b> Chili w/ Beans WG Roll Salad Bar w/ WG Roll Pizza, Hotdog w/ WG Bun Carrots w/ Dressing Cole Slaw/ Tater Tots Fresh Orange</p>

National School Lunch Week  
\*October 12-16, 2021\*



**THIS YEAR ALL STUDENTS ARE FREE FOR BREAKFAST AND LUNCH**

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE.**

*\* Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables are Offered Daily for Breakfast \**

**THIS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**