

NOVEMBER 2019
Putnam County Middle School
Breakfast and Lunch
Menus



BREAKFAST PRICES **LUNCH PRICES**
NO COST (STUDENTS) **NO COST (STUDENTS)**
ADULT: \$1.60 **ADULT: \$3.50**

Featured Georgia Produce: Pecans & Turnip Greens

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG</p>  | <p>Featured GA Produce</p>  |  |  |  |
|  |  |  | <p>Check menu for Thanksgiving Dinner Dates, for your student at each school.</p> | <p>01 Breakfast Hot Fresh Cinnamon Roll</p> <p>LUNCH Homemade Pizza or Salad Bar w/ Roll Steamed Broccoli Sweet Potato Fries Fresh Orange</p> |
| <p>04 Breakfast Sausage Biscuit or Danish</p> <p>LUNCH Chicken Nuggets or Salad Bar w/Breadstick Romaine Salad w/Dressing Carrot Sticks w/Dressing Fresh Apple</p> | <p>05 Breakfast Cheesy Grits, Bacon & Toast</p> <p>LUNCH Cheeseburger on WG Bun or Salad Bar w/ WG Roll Seasoned Curly Fries Lettuce, Tomato, Pickles Mixed Berry Fruit Cup</p> | <p>06 Breakfast Pancakes & Sausage Links</p> <p>LUNCH Corn Dog or Salad Bar French Fries Savory Baked Beans Fresh Green Apple</p> | <p>07 Breakfast Breakfast Pizza or Cereal</p> <p>Thanksgiving Dinner Turkey, Dressing, Gravy, Seasoned Green Beans, Sweet Potato Souffle Hot Yeast Roll or Salad Bar Homemade Cake & Fresh Fruit</p> | <p>08 Breakfast Cheesy Grits & Smoked Sausage</p> <p>LUNCH Homemade Pizza or Salad Bar w/WG roll Steamed Broccoli Carrot Sticks w/ Dressing Peach Cup</p> |
| <p>11 Breakfast Waffles & Chicken Tender</p> <p>LUNCH Sweet & Sour Chicken or Chicken Nuggets or Salad Bar Hot Fresh Yeast Roll Stir Fried Rice Seasoned Early Peas Fresh Fruit</p> | <p>12 Breakfast Grits, Sausage, Biscuit</p> <p>LUNCH Beefy Nachos w/ WG Chips or Salad Bar w/ WG Roll Refried Beans Lettuce, Tomato, Peppers Nacho Cheese Sauce Fresh Red Apple</p> | <p>13 Breakfast Sausage & Cheese Croissants</p> <p>LUNCH Hot Wings or Salad Bar Hot Yeast Roll Seasoned French Fries Carrot Sticks w/ Dressing Fresh Pear Extra: Cookie</p> | <p>14 Breakfast Cheesy Grits, Bacon & Toast</p> <p>LUNCH Chicken Tenders w/ Breadstick or Salad Bar w/ Breadstick Cinnamon Yam Patties Steamed Broccoli Fresh Green Apple</p> | <p>15 Breakfast Sausage Biscuit & Hashbrown</p> <p>LUNCH Variety Homemade Pizza or Salad Bar w/ Roll Romaine Salad w/ Dressing Carrot Sticks w/ Dressing Fresh Fruit</p> |
| <p>18 Breakfast Spicy Chicken Biscuit</p> <p>LUNCH Chicken Nuggets or Salad Bar Homemade Cornbread Creamed Corn Seasoned Turnip Greens Fresh Orange</p> | <p>19 Breakfast Grits, Eggs, Sausage, & Biscuit</p> <p>LUNCH Cheeseburger on WG Bun Or Salad Bar w/ Breadstick Sweet Potato Fries Lettuce, Tomato, Pickles Fresh Red Apple</p> | <p>20 Breakfast Pancakes & Sausage Links</p> <p>LUNCH Chili Cheese Dog w/ WG Bun or Salad Bar Fresh Homemade Coleslaw French Fries Fruit Cup</p> | <p>21 Breakfast Cheesy Grits & Bacon</p> <p>LUNCH Spicy Chicken or BBQ Sandwich W/ WG Bun, or Salad Bar Seasoned Curly Fries Savory Baked Beans Fruit Cocktail</p> | <p>22 Breakfast Sausage & Cheese Biscuit</p> <p>LUNCH Fresh Hot Pizza or Salad Bar w/ Roll Fresh Broccoli Salad Carrot Sticks w/ Dressing Green Apple</p> |

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AND LUNCH TO ALL STUDENTS THIS YEAR AT NO COST

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast/Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER