



Featured Georgia Produce: Pecans & Turnip Greens

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



05 Breakfast
Ham Biscuit, Grits & Eggs

LUNCH
Chicken Nuggets or Salad Bar w/WG roll
Mashed Potatoes
Green Peas
Baked Cinnamon Apples

12 Breakfast
Turkey & Cheese Croissant

LUNCH
Sweet & Sour Chicken or Salad Bar w/WG roll
Fried Rice
Steamed Broccoli
Fruit Cocktail
Options: Pizza or Fish Patty

26 Breakfast
Sausage Biscuit

LUNCH
Chicken Nuggets w/WG roll or PBJ Sack Lunch
Fresh Steamed Broccoli
Mashed Potatoes
Mixed fresh fruit

Tuesday

Featured GA Produce



06 Breakfast
Sausage Biscuit/Cheese Grits

LUNCH
Chicken Fajita w/wrap or Salad Bar or Egg Roll
Stir-fry Vegetables
Mandarin Orange wedges
Options: Corndog or Pizza

13 Breakfast
DIY Waffles & Sausage Biscuit

LUNCH
Meatloaf or Salad Bar WG roll
Mashed Potatoes
Steamed Lima Beans
Fresh Apple
Options: Burger or Pizza

27 Breakfast
Chicken Biscuit & Cheese Grits

LUNCH
Grilled Hot dog on WG bun or Salad Bar
Tater Tots & Coleslaw
Pineapple Slices
Options: Corndog or Pizza

Wednesday



07 Breakfast
DIY Parfait w/Pecans

Thanksgiving Meal
Turkey or Salad Bar
Cornbread Dressing
Turnips or Green Beans
Fruit Cocktail cup
Sweet Potato/Pecan pie
Options: Pizza & Chicken

14 Breakfast
Sausage links & Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar w/WG roll
Steamed Green Beans
Tossed Salad w/dressing
Fresh Sliced Orange wedges

28 Breakfast
French Toast & sausage

LUNCH
Meaty Tacos or Wraps or Salad Bar w/WG roll
Tossed Salad w/salsa
Steamed Corn
Fresh Banana
Options: Pizza/BBQ chicken

Thursday



01 Breakfast
French Toast & Sausage

LUNCH
Veggie & Beef Soup
Grilled Cheese or Green Tossed Salad
Assorted fresh fruit
Options: Chicken Patty or Pizza

08 Breakfast
Pizza

LUNCH
Grilled Hot dog on WG bun or Salad Bar
Baked Beans &/or Cole Slaw
Tater Tots
Fresh fruit
Options: Burger or Pizza

15 Breakfast
Chicken Biscuit & Grits

LUNCH
Cheesy Meat Nachos or Salad Bar
Butted Corn & Salsa
Tossed Salad w/dressing
Mandarin Orange wedges
Options: Hot dog or Pizza

29 Breakfast
Steak Nuggets Biscuit & Grits

LUNCH
Chicken Tenders or Salad Bar WG roll
Mac & Cheese
Turnip Greens
Options: Burger or Pizza

Friday

Featured GA Produce



02 Breakfast
Bacon Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar
Tossed Salad w/Ranch dressing
Steamed Carrots
Fresh Apple

09 Breakfast
Bacon Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar
Tossed Salad w/dressing
Steamed Broccoli
Fresh Apple

16 Breakfast
DIY Parfait w/Pecans

LUNCH
Chicken Tenders or Salad Bar w/WG roll
Tossed Salad w/dressing
Baked Potato w/sour cream
Fresh Apple

30 Breakfast
Bacon Biscuit & Cheese Grits

LUNCH
Homemade Pizza or Salad Bar w/WG breadstick
Green Tossed Salad w/dressing
Steamed Carrots
Fruit Cocktail

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST & LUNCH TO ALL STUDENTS THIS YEAR AT NO COST

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER