



Featured Georgia Produce: Pecans & Turnip Greens

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



05 Breakfast
Sausage Biscuit

LUNCH
Chicken & WG Rice
Corn Muffin
Grilled Cheese sandwich
Steamed Cabbage/Pinto beans
Assorted Fresh Apples

12 Breakfast
Breakfast Pizza

LUNCH
Corn Dog
PBJ Jammer w/ Cheese Stick
Tri taters
Celery Sticks w/dip
Peach cup

26 Breakfast
Sausage Biscuit

LUNCH
Chicken Nuggets & WG Corn muffin
PBJ Jamwich w/Cheese stick
Turnip Greens/Black-eye peas
Fruit Cocktail

Tuesday

Featured GA Produce



06 Breakfast
Pancake on a Stick

LUNCH
Pepperoni Pizza
Eagle Dog
Lettuce & Tomato Salad
Carrot sticks w/Ranch dip
Strawberry cup

13 Breakfast
Pancake on a Stick

Thanksgiving Meal
Turkey & Dressing
Baked Honey Ham/Cranberries or Sack Lunch
Green Beans or Turnips
Candied Yams
Assorted Pies &/or fruit

27 Breakfast
Chicken Biscuit

LUNCH
Eagle Dog
Potato & Ham Casserole
Green Beans
Candied Carrot Coins
Assorted Fresh Apples

Wednesday



07 Breakfast
Chicken Biscuit

LUNCH
Chicken Nuggets w/ Roll
Grilled Cheese Sandwich
Mashed Potatoes
Green Peas
Fresh Banana

14 Breakfast
Yogurt Parfait w/

Thanksgiving Meal
Turkey & Dressing
Baked Honey Ham/Cranberries or Sack Lunch
Green Beans or Turnips
Candied Yams

28 Breakfast
Cheese Grits, Eggs & Toast

LUNCH
BBQ Chicken w/WG roll
Old-Fashioned PBJ
Mashed Potatoes
Green Peas
Peach Cobbler or Peaches

Thursday



01 Breakfast
Pancakes & Sausage

LUNCH
Baked Chicken WG roll
PBJ sandwich
Mashed Potatoes
Green Peas
Apricot cup

08 Breakfast
Assorted Cereal

LUNCH
Spaghetti w/ Bread sticks
Old Fashioned PBJ Sandwich
Broccoli Salad
Candied Yams
Fresh or Cinnamon Apples

15 Breakfast
Sausage Biscuit

Thanksgiving Meal
Turkey & Dressing
Baked Honey Ham/Cranberries or Sack Lunch
Green Beans or Turnips
Candied Yams
Assorted Pies &/or fruit

29 Breakfast
Yogurt Parfait w/**Pecans**

LUNCH
Patty Melt
Tuna & Crackers
Baked Fries
Broccoli Salad
Fresh Banana

Friday

Featured GA Produce



02 Breakfast
"Early-rise" Pizza Assorted Cereal

LUNCH
Corndog or Hamburger
Steamed Broccoli
Carrot Coins
Applesauce cup

09 Breakfast
Chicken & Waffles

LUNCH
Cheeseburger or Hamburger
Old-Fashioned PBJ sandwich
Sun Chips
Celery Sticks w/Ranch dip
Fruit Cocktail

16 Breakfast
Chicken Biscuit

LUNCH
Eagle dog
Hamburger
Baked Beans
Coleslaw
Assorted Fresh Apples

30 Breakfast
Pizza or Apple Frudel

LUNCH
Spaghetti w/breadstick
Grilled Cheese sandwich
Corn Cobbett's
Carrot sticks w/Ranch dip
Pineapple tidbits

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST & LUNCH TO ALL STUDENTS THIS YEAR AT NO COST**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER