



Featured Georgia Produce: Pecans & Turnip Greens

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



05 Breakfast
Chicken Biscuit

LUNCH
Hamburger Steak w/gravy or Grilled Cheese
Steamed Rice
Green Lima Beans
WG Cornbread
Fresh Green Apple

12 Breakfast
Pancakes w/syrup

Breakfast for LUNCH
Sausage or Steak Nuggets
Cheese Grits
Scrambled eggs
WG Biscuit
Sun Sip Veggie or Fruit
Pineapple tidbits

26 Breakfast
Breakfast Danish

LUNCH
Chicken Tender w/WG roll
Mashed Potatoes
Steamed Green Peas
Fruit Cocktail

Tuesday

Featured GA Produce



06 Breakfast
Grits & Sausage patty

LUNCH
Chicken Nuggets or Ham Sub on WG hoagie roll
Steamed Corn
Romaine Salad w/dressing
WG roll
Fresh Banana

13 Breakfast
Chicken Biscuit

LUNCH
Cheeseburger-WG Slider bun or Grilled Cheese sandwich
Baked Tater tots
Lettuce/tomato/pickle
Mandarin orange wedges

27 Breakfast
Bacon & Cheesy Grits

LUNCH
Cheesy Meat Nachos or Wrap
Lettuce/Tomato/Peppers
Refried Beans
Corn Salsa
Pineapple tidbits

Wednesday



07 Breakfast
French Toast sticks w/syrup

LUNCH
Hot Dog w/WG bun or Corndog
Sun Chips
Baked Beans
Fresh Apple

14 Breakfast
Strawberry yogurt w/**Pecans**

LUNCH
Sweet & Sour Chicken or Fajita Chicken wrap
Rice w/stir-fry veggies
Baked Cinnamon Apples

28 Breakfast
French Toast & Sausage links

LUNCH
Cheeseburger w /WG bun or Hot dog on WG bun
Baked Fries
Baked Beans
Fresh Apple

Thursday



01 Breakfast
Grits & Bacon

LUNCH
Chili or Grilled Cheese
Baked Potato
Buttered Corn
WG roll
Sliced Peaches

08 Breakfast
Cereal bar & Crackers

Thanksgiving Meal
Turkey & Cranberry Sauce
Cornbread dressing
Collard or Turnip Greens
Green Beans & Corn Muffin
Sweet Potato Casserole
Pecan Pie &/or Tropical fruit

15 Breakfast
Bacon & Cheese Grits

LUNCH
Chicken Tender w/WG roll or PBJ
Baked tater tots
Baked Beans
Assorted fruit

29 Breakfast
Cheesy Grits w/Sausage Patty

LUNCH
Spaghetti or PBJ Jamwich
Tossed Salad w/dressing
Turnip Greens
WG Breadstick w/ Marinara Sauce
Sliced Peaches or Peach Cobbler

Friday

Featured GA Produce



02 Breakfast
Cereal & Crackers or Yogurt

LUNCH
Pizza or Corndog
Tossed Salad w/dressing
Corn on Cob
Pineapple tidbits
Extra: Cookie

09 Breakfast
Sausage Biscuit

LUNCH
Pizza or PBJ Jamwich
Celery & Ranch dressing
Corn on Cob
Breadstick w/Marinara sauce
Fresh Orange wedges

16 Breakfast
Sausage Biscuit & Potato triangle

LUNCH
Pizza or PBJ Jamwich
Breadstick w/Marinara sauce
Steamed Green Beans
Romaine Salad w/dressing
Pears w/Cherries & topping

30 Breakfast
Strawberry yogurt w/**Pecans**

LUNCH
Pizza or Hot Ham & Cheese sandwich
Romaine Salad w/dressing
Seasoned Mixed Vegetables
Mandarin Orange wedges

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST & LUNCH TO ALL STUDENTS THIS YEAR AT NO COST

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER