



Featured Georgia Produce: Pecans & Turnip Greens

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**

Tuesday

Featured GA Produce



Wednesday



Thursday



Friday

Featured GA Produce



National Georgia Pecan Month



01 Breakfast
French Toast sticks w/Jelly or Jam

LUNCH
BBQ Chicken w/WG roll
Rice Pilaf
Fresh Banana

02 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Pepperoni Pizza
Steamed Corn
Assorted fresh fruit



05 Breakfast
Cereal w/1% Milk

LUNCH
Beef Nuggets
WG roll
Black-eye Peas
Frozen fruit cup

06 Breakfast
Chicken Biscuit

LUNCH
Ham & Cheese sandwich
Creamy Mashed Potatoes
Assorted fresh fruit

07 Breakfast
Cheese Grits w/Egg Patty

LUNCH
PBJ Jammer
Tossed Green salad
Diced Tomatoes
Picante sauce
Strawberries w/topping

08 Breakfast
French Toast sticks w/Jelly or Jam

LUNCH
Hamburger on WG
Buttered Corn
Frozen fruit cup

09 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Spaghetti w/ Meat sauce
Green Beans
Pears w/Cherries & topping

PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST & LUNCH TO ALL STUDENTS THIS YEAR AT NO COST

12 Breakfast
Chicken Biscuit

LUNCH
Grilled Cheese sandwich
Potato Triangle
Assorted fresh fruit

13 Breakfast
Sausage Biscuit

LUNCH
Chicken Nuggets w/WG roll
Carrot sticks w/dressing
Mandarin Orange wedges

14 Breakfast
Cereal w/1% Milk

LUNCH
Pepperoni Pizza or Hot Dog, WG bun
Baked Tater Tots
Assorted fresh fruit

15 Breakfast
Cereal w/1% Milk

Thanksgiving Meal
Turkey w/Gravy & Collard Greens
Corn Muffin & Cut Green Beans
Cornbread Dressing
Cranberry sauce
Sweet Potato Soufflé
Fresh Fruit

16 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
PBJ Jammer on WG
Steamed Corn
Sliced Peaches

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

26 Breakfast
Cheese Grits w/Egg Patty

LUNCH
Pepperoni Pizza
Seasoned Oven Fries
Picante sauce
Frozen fruit cup

27 Breakfast
Chicken Biscuit

LUNCH
Beefy Nachos w/cheese sauce
Creamy Mashed Potatoes
Assorted fresh fruit

28 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Baked Chicken w/WG roll
Turnip Greens
Strawberries w/topping

29 Breakfast
Cereal w/1% Milk

LUNCH
Spaghetti w/Meat sauce
Breadstick w/Marinara sauce
Cut Green Beans
Assorted fresh fruit

30 Breakfast
Sausage Biscuit

LUNCH
Hamburger w/WG bun
Seasoned Oven Fries
Frozen Juice cup

Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

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