



Featured Georgia Produce: Pecans & Turnip Greens

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**

Tuesday

Featured GA Produce



Wednesday



Thursday



Friday

Featured GA Produce



National Georgia Pecan Month



01 Breakfast
French Toast sticks

LUNCH
BBQ Chicken or Beef Nuggets
Rice Pilaf, w/WG roll
Baked Tater tots
Fresh Banana

02 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Pepperoni Pizza
or Hamburger on WG bun
Steamed Corn
Assorted fresh fruit



05 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Hot Wings or Beef Nuggets
WG roll
Black-eye Peas
Frozen fruit cup

06 Breakfast
Chicken Biscuit

LUNCH
Chicken Nuggets or
Ham & Cheese sandwich
Creamy Mashed Potatoes
Assorted fresh fruit

07 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Pepperoni Pizza & breadstick
or PBJ Jammer
Tossed Green salad
Diced Tomatoes
Picante sauce
Strawberries w/topping

08 Breakfast
French Toast sticks

LUNCH
Hot Dog or Hamburger
WG bun
Lettuce & Sliced Tomato
Buttered Corn
Frozen fruit cup
Extra: Baked Cookie

09 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Spaghetti w/Meat sauce or
Grilled Cheese sandwich
Green Beans
Pears w/Cherries & topping

PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST & LUNCH TO ALL STUDENTS THIS YEAR AT NO COST

12 Breakfast
Chicken Biscuit

LUNCH
Grilled Cheese sandwich or
PBJ sandwich
Potato Triangle
Assorted fresh fruit

13 Breakfast
Sausage Biscuit

LUNCH
Chicken or Beef Nuggets
w/WG roll
Carrot sticks w/dressing
Orange smiles

14 Breakfast
Assorted Cereal or Donut

LUNCH
Pepperoni Pizza
or Hot Dog on WG bun
Baked Tater tots
Assorted fresh fruit

15 Breakfast
Assorted Cereal or Pop Tart
Thanksgiving Meal
Turkey w/gravy & Collard Greens
Corn Muffin & Cut Green Beans
Sweet Potato Soufflé
Cornbread Dressing
Cranberry sauce
Fresh Fruit
Pecan Pie Slice
Second Option: PBJ Jammer

16 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
PBJ Jammer on WG or
Grilled Cheese on WG
Steamed Corn
Sliced Peaches

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

26 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Pepperoni Pizza & breadstick
or PBJ Jammer
Seasoned Oven Fries
Picante sauce
Frozen Fruit cup

27 Breakfast
Chicken Biscuit

LUNCH
Beefy Nachos w/Cheese sauce
or Grilled Cheese
Creamy Mashed Potatoes
Assorted fresh fruit

28 Breakfast
Cheese Grits w/Sausage Patty

LUNCH
Chicken Nuggets WG roll or
Baked Chicken w/WG roll
Turnip Greens
Strawberries w/topping

29 Breakfast
French Toast sticks

LUNCH
Spaghetti or PBJ Jammer
Breadstick w/ Marinara sauce
Cut Green Beans
Assorted fresh fruit

30 Breakfast
Sausage Biscuit

LUNCH
Corn Dog or
Hamburger w/WG bun
Seasoned Oven Fries
Frozen Juice cup

Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

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