



BREAKFAST
NO COST (STUDENTS)







ADULT: \$1.60

LUNCH
NO COST (STUDENTS)

ADULT: \$3.50



Featured Georgia Produce: Pumpkins & Pole Beans

Monday	Tuesday	Wednesday	Thursday	Friday
<p>01 Breakfast Sausage Biscuit</p> <p>LUNCH Sweet & Sour Meatballs/ Rice Or PBJ Jammer w/ Yogurt Steamed Broccoli Carrot Sticks w/ dip Pineapple tidbits</p>	<p>02 Breakfast Chicken Biscuit</p> <p>LUNCH Turkey Melt or Old Fashioned PBJ sandwich Sun Chips &/or Carrot Coins Assorted Apples</p>	<p>03 Breakfast "Early-rise" Pizza</p> <p>LUNCH Pepperoni Pizza or Eagle Dog Vegetable Medley Celery Sticks w/dip Orange wedges</p>	<p>04 Breakfast Pancakes & Sausage</p> <p>LUNCH Chicken Fajitas w/Tortilla Grilled Cheese sandwich Pinto Beans &/or Green Salad Strawberry cup</p>	<p>05 Breakfast Sausage, Eggs, Grits</p> <p>LUNCH Piled High Nachos Chicken Sliders Yam Patties &/or Corn Assorted Apples</p>
	<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.</p>		 <p>October is APPLE month!</p>	
<p>15 Breakfast Pancake on a Stick</p> <p>LUNCH Chicken Nuggets w/WG roll Grilled Cheese sandwich Mashed Potatoes Peas & Carrots Assorted fresh apples</p>	<p>16 Breakfast Chicken Biscuit</p> <p>LUNCH Pepperoni Pizza Old Fashioned PBJ sandwich Tri Taters California Blend Vegetables Tropical fruit</p>	<p>17 Breakfast Pizza or apple Frudel</p> <p>LUNCH Breaded Chicken sandwich Grilled Cheese sandwich Green Peas Carrot Sticks w/dip Fresh Banana</p>	<p>18 Breakfast Sausage Biscuit Cheese Grits</p> <p>LUNCH Slider Cheeseburger Eagle Dog Coleslaw Baked Beans Orange wedges</p>	<p>19 Breakfast Rainbow of fruit Parfait or Pizza</p> <p>LUNCH Chili w/WG Saltines Old Fashioned PBJ sandwich Yam Patties Steamed Broccoli Assorted fresh apples</p>
<p>22 Breakfast Pancakes, Sausage, Eggs</p> <p>LUNCH Teriyaki Chicken /WG Rice Old-Fashioned PBJ sandwich Steamed Broccoli Egg roll Fruit Cocktail</p>	<p>23 Breakfast Chicken Biscuit/Tri-Taters</p> <p>LUNCH Eagle Dog Grilled Cheese sandwich Carrot Sticks w/dip WG Dinner roll Sliced Peaches</p>	<p>24 Breakfast "Early-rise" Pizza</p> <p>LUNCH Beefy Cheesy Nachos PBJ Jammer Pinto Beans Cucumber w/dip Strawberry cup</p>	<p>25 Breakfast Frudel or Cereal</p> <p>LUNCH Chicken Nuggets w/WG roll Eagle Dog Mashed Potatoes Vegetable Medley Assorted Fresh Apples</p>	<p>26 Breakfast Sausage Links Grits, & Toast</p> <p>LUNCH Cheeseburger Slider Fish Sticks/WG roll Buttered Corn Sun Chips Pineapple tidbits</p>
<p>29 Breakfast Pancake on a Stick</p> <p>LUNCH Pepperoni Pizza Eagle Dog Celery sticks w/dip Baked Beans Sliced Peaches</p>	<p>30 Breakfast Chicken Biscuit</p> <p>LUNCH Patty Melt Tuna Salad w/WG Saltines Potato wedges Lettuce, Tomato, Pickle Assorted fresh apples</p>	<p>31 Breakfast Steak Nuggets Cheese Grits</p> <p>LUNCH Spaghetti w/breadstick or Fish Sticks w/breadstick Green Beans Romaine Spinach Salad Fresh Banana</p>		<p>Featured GA Produce</p>  <p>Roasted Pumpkin</p>

National School Lunch Week
October 15-19, 2018



PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AND LUNCH FOR ALL STUDENTS AT NO COST FOR SY: 18-19

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

* Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables are Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER