



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

OCTOBER 2018
Putnam County Primary School
Breakfast and Lunch Menus



BREAKFAST
NO COST (STUDENTS)

ADULT: \$1.60

LUNCH
NO COST (STUDENTS)

ADULT: \$3.50



Featured Georgia Produce: Pumpkins & Pole Beans

Monday	Tuesday	Wednesday	Thursday	Friday
<p>01 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken Tenders & WG roll or PBJ on WG Broccoli & Rice Casserole Assorted fresh fruit</p>	<p>02 Breakfast Sausage Biscuit</p> <p>LUNCH Nachos w/Cheese sauce or Grilled Cheese sandwich Black-eye Peas w/Fresh Georgia Snap Beans Frozen fruit cup</p>	<p>03 Breakfast Pizza</p> <p>LUNCH Pepperoni Pizza or Hamburger on WG bun Tossed Romaine salad w/Tomato wedges Strawberries w/topping</p>	<p>04 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken sandwich w/ WG bun or Steak & gravy, Corn Muffin Lima Beans, Collard Greens Assorted fresh fruit</p>	<p>05 Breakfast French Toast & Cheese Grits</p> <p>LUNCH Chicken Nuggets or Corn Dog Baked Beans, Dill Spears Sliced Pears w/Cherries & whip topping</p>
	<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.</p>			
<p>15 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken , Tenders w/WG roll or Baked Potato w/Chili Roasted Pumpkin Wedges Early Peas Casserole Assorted fresh fruit</p>	<p>16 Breakfast Sausage Biscuit</p> <p>LUNCH Baked Chicken or Beef Nuggets WG Corn Bread Muffin Steamed Collard Greens Creamy Mashed Potatoes Baked Cinnamon Apples</p>	<p>17 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken Nuggets w/WG roll or Hot Dog on WG bun Oven Baked Fries Strawberries w/topping</p>	<p>18 Breakfast French Toast Sticks & Cheese Grits</p> <p>LUNCH Pepperoni Pizza or PBJ sandwich on WG Fresh Carrot sticks w/dressing Baked Tater Tots Sliced Peaches</p>	<p>19 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Hot Wings or Beef Nuggets w/WG roll Broccoli and Tomatoes Dill Spears Orange wedges</p>
<p>22 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Pepperoni Pizza or Hot Dog, w/WG bun Breadstick, Picante sauce Broccoli w/cheese sauce Assorted fresh fruit EXTRA: Fresh Baked Cookie</p>	<p>23 Breakfast Sausage Biscuit</p> <p>LUNCH Taco w/WG wrap or Seasoned Meatloaf WG roll Buttered Steamed Corn Creamy Mashed Potatoes Strawberries w/topping</p>	<p>24 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Sloppy Joe or Chicken w/WG bun Potato wedges Carrot sticks w/dressing Sliced Pears w/Cherries & whip topping</p>	<p>25 Breakfast French Toast Sticks & Cheese Grits</p> <p>LUNCH Spaghetti w/Meat sauce Breadstick or PBJ on WG Romaine Tossed salad w/Tomato wedges Baked Cinnamon Apples</p>	<p>26 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Beef Nuggets w/WG roll or Chili Cheese Fries Fresh Broccoli Florets w/Ranch dressing Georgia "Snap" Beans or Cut Green Beans Sliced Peaches</p>
<p>29 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken or Beef Nuggets Baby Lima Beans, Rice Pilaf Cabbage & Potato Casserole Applesauce cup</p>	<p>30 Breakfast Sausage Biscuit</p> <p>LUNCH Pepperoni Pizza or Hot Dog w/WG bun Fresh Carrot sticks w/dressing Baked Tater Tots Sliced Peaches</p>	<p>31 Breakfast Cheese Grits & Sausage or Donut</p> <p>LUNCH Chicken Tenders w/WG roll or Hot Dog w/ WG bun Oven Baked Fries Frozen Fruit cup</p>	<p>Featured GA Produce</p>	

National School Lunch Week
October 15-19, 2018



PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST AND LUNCH FOR ALL STUDENTS AT NO COST FOR SY: 18-19**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

*** Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables are Offered Daily for Breakfast ***

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER