




Featured Georgia Produce: Strawberries & Blackberries

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>01 Breakfast Chicken & Waffles</p> <p>LUNCH Grilled Ham & Cheese or PBJ Sandwich Buttered Corn Turnip Greens</p>	<p>01 Breakfast Chicken & Waffles</p> <p>LUNCH Grilled Ham & Cheese or PBJ Sandwich Buttered Corn Turnip Greens</p>	<p>02 Breakfast Sausage Biscuit or Cheese Grits</p> <p>LUNCH Cheeseburger or Hamburger PBJ Sandwich Baked Fries Broccoli Florets w/Ranch dip Assorted Apples</p>	<p>03 Breakfast Pancake on a Stick</p> <p>LUNCH Turkey Sub or Grilled Cheese sandwich Sun chips Lima Beans Fresh Banana</p>	<p>04 Breakfast "Early Rise" Pizza</p> <p>School Nutrition Hero Day LUNCH Piled High Nachos Chicken & Cheese Burritos Sweet Potatoes Assorted Apples</p>
<p>07 Breakfast Chicken Biscuit</p> <p>LUNCH Chicken Nuggets w/roll Tuna salad w/WG saltines Broccoli w/ Cheese Mashed Potatoes Assorted Apples</p>	<p>08 Breakfast French Toast Sticks & Sausage</p> <p>LUNCH Piled High Nachos Old Fashioned PBJ sandwich Pinto beans Buttered corn Orange wedges</p>	<p>09 Breakfast Breakfast Pizza</p> <p>Field day LUNCH Cheeseburger or Hamburger Old Fashioned PBJ sandwich Carrots sticks w/Ranch dip Tri-taters Fresh Banana</p>	<p>10 Breakfast Sausage Biscuit /Cheese Grits</p> <p>Field Day LUNCH Turkey, Ham, or Old Fashioned PBJ sandwich Celery sticks w/Ranch dip Sun chips Tropical fruit cup</p>	<p>11 Breakfast Assorted Cereal</p> <p>Field Day LUNCH Eagle Dog or Old Fashioned PBJ sandwich Fresh Cucumbers w/dip or Chilled Coleslaw cup Assorted Apples</p>
<p>14 Breakfast Chicken Biscuit</p> <p>LUNCH Ham or Grilled Cheese Potato wedges Baked Beans Pineapple tidbits</p>	<p>15 Breakfast French Toast Sticks & Sausage</p> <p>LUNCH Pepperoni Pizza Tuna Salad w/WG saltines Buttered Corn Broccoli Salad Sliced Pears</p>	<p>16 Breakfast Pizza or Frudel</p> <p>LUNCH Cheesy Spaghetti & Bread stick PBJ on WG bread Candied Yams Green Beans Fresh Banana</p>	<p>17 Breakfast Sausage Biscuit & Cheese Grits</p> <p>LUNCH Barbeque Chicken w/WG roll PBJ Sandwich Potato Salad Baked Beans Fresh Assorted Apples</p>	<p>18 Breakfast Frudel or Assorted Cereal</p> <p>LUNCH Cheeseburger or Hamburger Fish Sticks w/WG roll Steamed Broccoli Honey Sweet Carrot coins Tropical Fruit cup</p>
<p>21 Breakfast "Early Rise" Pizza</p> <p>LUNCH Pepperoni Pizza PBJ Sandwich on WG bread Steamed Broccoli Orange wedges</p>	<p>22 Breakfast Sausage Biscuit & Cheese Grits</p> <p>LUNCH Eagle Dog or PBJ on WG bread Baked Beans Chilled Coleslaw Fresh Cantaloupe & Honeydew</p>	<p>23 Breakfast Pancake on a Stick</p> <p>LUNCH Cheeseburger or Hamburger Grilled Cheese sandwich Green Lettuce, tomato, onions Potato wedges Fresh Banana</p>	<p>24 Breakfast Chicken Biscuit</p> <p>LUNCH Corndog or PBJ on WG bread Fresh Cucumber & Tomato Salad Black-eye Peas Assorted Fresh Apples</p>	<p>25 Breakfast Assorted Cereal</p> <p>EARLY RELEASE LUNCH Ham & Cheese sandwich or PBJ on WG bread Sun chips Carrot Sticks w/Ranch dip Fruit /Vegetable Juice box</p>

National Strawberry Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

*** Variety of Milk (Breakfast & Lunch) Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast ***

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.**
***Whole Grains=WG**



Putnam County Seamless Summer Nutrition Program begins on June 4, 2018.

All meals including breakfast are **at no cost.**
Breakfast: 8:00-9:00 AM
Lunch: 11:30-12:30 PM

