












**Featured Produce: Onions & Garlic**

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>09 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> BBQ Pulled Pork WG bun Steamed Green Beans Fresh fruit	<b>10 Breakfast</b> French Toast sticks w/100% Jelly  <b>LUNCH</b> Turkey & Cheese Hoagie Oven Baked Fries Sliced Peaches	<b>11 Breakfast</b> Cheese Grits & Sausage  <b>LUNCH</b> Pepperoni Pizza Baked Tater Tots Flavored Applesauce cup	<b>12 Breakfast</b> Waffles w/100% Jelly  <b>LUNCH</b> Chicken Nuggets, WG roll Romaine Tossed salad w/Tomato wedges Fresh fruit	<b>13 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> Fish Nuggets WG roll Oven Baked Fries Fruit Cocktail cup
<b>16 Breakfast</b> Cheese Grits & Sausage  <b>LUNCH</b> Pepperoni Pizza Baked Tater Tots Flavored Applesauce cup	<b>17 Breakfast</b> Grilled Cheese sandwich  <b>LUNCH</b> Chicken Nuggets WG roll Romaine Tossed salad w/dressing w/Tomato wedges Fresh fruit	<b>18 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> Turkey & Cheese Hoagie Oven Baked Fries Sliced Peaches	<b>19 Breakfast</b> Biscuit w/100% Jelly  <b>LUNCH</b> Spaghetti w/Meat sauce WG breadstick Steamed Corn Sliced Pears	<b>20 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> Pork Roast w/gravy over Rice & Tomatoes Steamed Green Beans Fresh fruit
<b>23 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> Turkey & Cheese Hoagie Roasted Red Potatoes Fresh fruit	<b>24 Breakfast</b> Biscuit w/100% Jelly  <b>LUNCH</b> Pepperoni Pizza Oven Baked Fries Flavored Applesauce cup	<b>25 Breakfast</b> Cheese Grits & Egg Patty  <b>LUNCH</b> Chicken Fajita w/WG wrap Buttered Corn Sliced Peaches	<b>26 Breakfast</b> Waffles w/100% Jelly  <b>LUNCH</b> Chicken Nuggets WG roll Romaine Tossed Salad w/Tomato Wedges Fresh fruit	<b>27 Breakfast</b> Cheese Grits & Sausage  <b>LUNCH</b> Fish Nuggets WG roll Oven Baked Fries Fruit Cocktail cup
<b>30 Breakfast</b> Cheese Grits & Sausage  <b>SACK LUNCH</b> Grilled Cheese or PBJ on WG Assorted Sun chips Veggie Juice box Chocolate Bear Grahams Flavored Applesauce cup	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Featured GA Produce</b>    <b>VIDALIA ONION</b> </div>		<b>Notice to Parents:</b> Putnam County Charter School Nutrition Program offers a variety of produce at every meal. <b>Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast &amp; Lunch</b>	

**National Garlic Month**



**HEALTH BENEFITS OF GARLIC**  
One of the oldest medicinal foods on the planet!



**School Breakfast Every Child Every Day**

**PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE.**

**\* Variety of Milk (Breakfast & Lunch)/Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast \***

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**