



**BREAKFAST PRICES**  
**STUDENTS @ NO COST**

**LUNCH PRICES**  
**FULL PRICE : \$2.00**  
**REDUCED: \$ .40**  
**ADULT: \$3.50**

**ADULT: \$1.60**



**Featured Produce: Onions & Garlic**

**Monday**



**09 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
BBQ Pulled Pork  
WG bun or PBJ on WG  
Steamed Green Beans  
Fresh Fruit

**16 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Pepperoni Pizza or  
Hotdog on WG bun  
Baked Tater Tots  
Flavored Applesauce cup

**23 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Turkey & Cheese Hoagie  
or Grilled Cheese on WG  
Roasted Red Potatoes  
Fresh Fruit

**30 Breakfast**  
Cheese Grits & Sausage

**SACK LUNCH**  
Grilled Cheese or PBJ on WG  
Assorted Sun chips  
Veggie Juice Box  
Chocolate Bear Grahams  
Flavored Applesauce cup

**Tuesday**



**10 Breakfast**  
French Toast Sticks

**LUNCH**  
Turkey & Cheese Hoagie  
or Grilled Cheese on WG  
Oven Baked Fries  
Sliced Peaches

**17 Breakfast**  
Grilled Cheese sandwich

**LUNCH**  
Chicken Nuggets WG roll or  
PBJ Wafer bar  
Romaine Tossed salad  
w/Tomato Wedges  
Fresh Fruit

**24 Breakfast**  
Sausage Biscuit

**LUNCH**  
Pepperoni Pizza or  
Hotdog on WG  
Oven Baked Fries  
Flavored Applesauce cup

**Featured GA Produce**



**Wednesday**



**11 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Pepperoni Pizza or  
Hotdog on WG  
Tater Tots  
Flavored Applesauce Cup

**18 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Turkey & Cheese Hoagie  
or Grilled Cheese on WG  
Oven Baked Fries  
Sliced Peaches

**25 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Chicken Fajita w/WG wrap  
or PBJ on WG  
Buttered Corn  
Asparagus seasoned  
w/Onion and Garlic  
Sliced Peaches

**Thursday**



**12 Breakfast**  
Waffles w/syrup

**LUNCH**  
Chicken Nuggets, WG roll  
or PBJ Wafer bar  
Romaine Tossed salad  
w/ Tomato Wedges  
Fresh Fruit

**19 Breakfast**  
Chicken Biscuit

**LUNCH**  
Spaghetti w/Meat sauce  
WG breadstick  
or Hotdog on WG bun  
Steamed Corn  
Sliced Pears

**26 Breakfast**  
Waffles w/syrup

**LUNCH**  
Chicken Nuggets w/WG roll  
or PBJ Wafer bar  
Romaine Tossed Salad w/dressing  
w/Tomato wedges  
Fresh Fruit

**Notice to Parents:**  
Putnam County Charter School  
Nutrition Program offers a  
variety of produce at every meal.  
**Children must choose a  
minimum of 1/2 cup of fruit  
or vegetable for  
Breakfast & Lunch**

**Friday**



**13 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Fish Nuggets  
WG roll or  
Hamburger w/ WG bun  
Oven Baked Fries  
Fruit Cocktail

**20 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Pork Roast w/gravy  
over Rice & Tomatoes  
or PBJ Wafer bar  
Steamed Green Beans  
Fresh Fruit

**27 Breakfast**  
Cheese Grits & Sausage

**LUNCH**  
Fish Nuggets WG roll  
or Hamburger on WG bun  
Oven Baked Fries  
Fruit Cocktail cup



**National Garlic Month**



**PLEASE  
REMEMBER THAT  
PUTNAM COUNTY  
CHARTER SCHOOL  
SYSTEM IS  
OFFERING  
BREAKFAST AT NO  
COST TO ALL  
STUDENTS THIS YEAR**

**MENUS SUBJECT TO  
CHANGE WITHOUT  
NOTICE.**

**\* Variety of Milk  
(Breakfast &  
Lunch)/Cereal, 100%  
Juice, Fresh Fruit or  
Vegetables Offered  
Daily for Breakfast \***

**THIS  
INSTITUTION  
IS AN EQUAL  
OPPORTUNITY  
PROVIDER**