












Featured Produce: Onions & Garlic

Monday	Tuesday	Wednesday	Thursday	Friday
				
09 Breakfast Pancakes & Sausage LUNCH Grilled Ham & cheese Old Fashioned PBJ sandwich Potato wedges Carrot coins Sliced Pears	10 Breakfast Breakfast Pizza or Frudel LUNCH Cheeseburger or Hamburger Tuna Salad w/WG crackers Black-eye Peas Mixed Fruit or Applesauce cup	11 Breakfast Chicken Biscuit LUNCH Turkey Melt or Corndog Buttered Corn <i>Sautéed Asparagus</i> Fresh Banana	12 Breakfast Assorted Cereal/Cinnamon roll LUNCH Sloppy Joe PBJ sandwich Carrot Sticks w/dip Green Beans Fruit Cocktail cup	13 Breakfast Sausage Biscuit LUNCH Chicken Nuggets w/WG roll Eagle Dog Turnip Greens Chilled Coleslaw Assorted Fresh Apples
16 Breakfast Waffles, Sausage & Eggs LUNCH Cheeseburger or Hamburger Chicken Salad w/Saltines Squash Casserole Green Peas Assorted Apples	17 Breakfast Cereal or Spiced Apple Oatmeal LUNCH Piled High Beefy Nachos Old-Fashioned PBJ Corn Cobbett's Black-eye Peas Orange wedges	18 Breakfast Breakfast Pizza LUNCH Chicken & Rice w/Corn Muffin Grilled Cheese sandwich Turnip Greens Buttered Corn Fresh Banana	19 Breakfast Steak Nuggets w/Cheese Grits LUNCH Spaghetti w/WG breadstick PBJ Jammer Green Beans Tossed Green Salad w/dressing Applesauce cup	20 Breakfast Chicken Biscuit LUNCH Eagle Dog Grilled Cheese sandwich Carrot coins Tri-Taters Assorted Fresh Apples
23 Breakfast Pancakes & Sausage LUNCH Cheeseburger or Hamburger Old-Fashioned PBJ sandwich Baked Fries <i>Steamed Asparagus & Garlic</i> Orange wedges	24 Breakfast Chicken Biscuit LUNCH Pepperoni Pizza Old-Fashioned PBJ Steamed Broccoli Florets Carrot coins Assorted Fresh Apples	25 Breakfast Breakfast Pizza LUNCH Meat Loaf w/Corn Muffin Turkey Melt Steamed Cabbage Mashed Potatoes Fresh Banana	26 Breakfast Sausage Biscuit Lunch Eagle Dog Fish Sticks w/WG roll Fresh Carrot stick w/dip Chilled Coleslaw Tropical Fruit cup	27 Breakfast Bacon, Scrambled Eggs, Grits LUNCH Piled High Beefy Nachos Grilled Cheese sandwich Pinto Beans Tex-Mex Corn Orange wedges
30 Breakfast Assorted Cereal Lunch Pepperoni Pizza PBJ sandwich Green Beans Tossed Salad Assorted Fresh Apples	Featured GA Produce  VIDALIA ONION		Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch	

National Garlic Month



HEALTH BENEFITS OF GARLIC
One of the oldest medicinal foods on the planet!



School Breakfast Every Child Every Day

PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

*** Variety of Milk (Breakfast & Lunch)/Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast ***

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER