



Featured Produce: Onions & Garlic

Monday



09 Breakfast
Pancakes & Sausage

LUNCH
Slice Ham or Turkey Sub
Corn Muffin
Collards or Broccoli
Mac and Cheese
Mandarin Orange wedges

16 Breakfast
Sausage Biscuit

LUNCH
Steak or Meatloaf & gravy w/WG roll
Mashed Potatoes/Broccoli or Asparagus w/Garlic & Onions
Fresh Apple

23 Breakfast
Sausage Biscuit

LUNCH
Chicken Tenders or PBj
Mashed Potatoes
Green Peas
WG roll
Sliced Peaches

30 Breakfast
Sausage Biscuit. Cheese Grits

LUNCH
Choice of Chicken
Mashed Potatoes
Black-eye Peas
WG roll
Baked Cinnamon Apples

Tuesday



10 Breakfast
Grilled Ham & Cheese

LUNCH
Cheese Burger or PBj
Potato wedge or Sun chips
Baked Beans
Sliced Peaches

17 Breakfast
Steak Nuggets & Cheese Grits

LUNCH
Cheeseburger Casserole w/WG roll
Green Tossed Salad
Green Beans
Fresh Assorted Fruit

24 Breakfast
Bacon, Toast & Cheese Grits

LUNCH
Hot Ham & Cheese w/WG bun
Baked Tater Tots
Glazed Carrots sticks
Baked Beans
Sliced Pears

Featured GA Produce



Wednesday



11 Breakfast
Bacon, Toast & Cheese Grits

LUNCH
Cheesy Taco Meat & Chips or Turkey Sub
Lettuce & Tomato, Peppers
Steamed Corn/Salsa
Fresh Banana

18 Breakfast
Bacon, & Cheese Grits

LUNCH
Pizza or Hot Dog w/WG bun
Green Tossed Salad w/dressing
Steam Broccoli w/Cheese sauce
Fresh Banana

25 Breakfast
French Toast Sausage links

LUNCH
Sliced Turkey or Beef & gravy
Corn Muffin
Steamed Brown Rice
Collard or Green Beans
Fresh Banana

Thursday



12 Breakfast
Pancakes or Cereal Bar & Yogurt

LUNCH
Pepperoni or Sausage Pizza
Green Tossed Salad w/dressing
Steamed Broccoli
Slice Pears

19 Breakfast
Sausage & Cheese Biscuit

LUNCH
Sweet & Sour Chicken or PBj or Cornbread Muffin
Stir-Fried Rice
Steamed Cabbage
Tropical Fruit cup

26 Breakfast
Breakfast Pizza

Lunch
Spaghetti w/Meat Sauce w/WG roll
Turkey Sub on WG
Green Tossed Salad w/dressing
Steamed Corn
Mandarin Orange wedges

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch**

Friday



13 Breakfast
Sausage, Toast & Grits

LUNCH
Hot Ham & Cheese or Cold Ham Sub w/WG bun
WG Sun chips
Green Tossed Salad
Fresh Apple

20 Breakfast
Chicken Biscuit

LUNCH
Hot Ham & Cheese or Tuna Sub WG bun
Baked Beans
WG Chips &/or Pickle spears
Mandarin Orange wedges

27 Breakfast
Chicken Biscuit

LUNCH
Hot & Ham & Cheese or PBj WG bun
Steamed Broccoli w/Cheese sauce
Baked Tater Tots
Assorted Fresh fruit



National Garlic Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

*** Variety of Milk (Breakfast & Lunch)/Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast ***

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER