



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

February 2018
Putnam County Primary School
Breakfast & Lunch Menus








BREAKFAST PRICES
STUDENTS @ NO COST

LUNCH PRICES
FULL PRICE: \$2.00
REDUCED: \$.40
ADULT: \$3.50

ADULT: \$1.60



Featured Produce: Mushrooms

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Featured GA Produce</p> 		<p>01 Breakfast Sausage Biscuit</p> <p>LUNCH Chicken Noodle soup w/Grilled Cheese sandwich or Beef Nuggets w/WG roll Corn &/or Broccoli w/cheese Assorted Fresh fruits</p>	<p>02 Breakfast Cheese Grits & Sausage Patty</p> <p>LUNCH Hamburger on WG or Corndog Baked Tater Tots Black-eye Peas Sliced Pineapple rings</p>
<p>05 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Chicken Nuggets w/WG roll or Hot Dog w/WG bun Potato Triangle Macaroni & Cheese Peach slices</p>	<p>06 Breakfast Chicken Biscuit</p> <p>LUNCH Pepperoni Pizza or Taco w/WG wrap Spinach salad w/mushrooms Diced tomatoes Assorted Fresh fruit</p>	<p>07 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Chicken, Rice & Mushroom gravy or Grilled Cheese on WG Green Beans Yam Patties</p>	<p>08 Breakfast Waffles w/syrup</p> <p>LUNCH Spaghetti w/Meat sauce or PBJ on WG WG Breadstick Baked Oven Fries Assorted Fresh fruit</p>	<p>09 Breakfast Cheese Grits & Sausage Patty</p> <p>LUNCH Hot Wings or Beef Nuggets w/WG roll Steamed Corn Broccoli w/cheese sauce Fruit Cocktail cup</p>
<p>12 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Chicken Nuggets w/WG roll or Hot Dog w/WG bun Potato Triangle Macaroni & Cheese Peach slices</p>	<p>13 Breakfast Biscuit & Sausage gravy</p> <p>LUNCH Hamburger on WG or Corn Dog Baked Tater Tots Black-eye Peas Sliced Pineapple rings</p>	<p>14 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Beef Nuggets w/WG roll or Hot Ham & Cheese sandwich Carrot Sticks w/dressing Creamy Mashed Potatoes Assorted Fresh fruits</p>	<p>15 Breakfast Super Donut w/Fruity yogurt</p> <p>LUNCH Pepperoni Pizza or Taco w/WG wrap Steamed Corn Oven Baked Fries Assorted Fresh fruit</p>	<p>16 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Spaghetti w/Meat sauce or PBJ on WG WG Breadstick Glazed Carrots &/or Oven Fries Sliced Pears</p>
<p>19 President's Day (All Living)</p> 	<p>20 Breakfast Chicken Biscuit</p> <p>LUNCH Pepperoni Pizza or Taco w/WG wrap Steamed Corn Oven Baked Fries Assorted Fresh fruit</p>	<p>21 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Fish sticks w/WG roll or Cheeseburger w/WG bun Green Beans Buttered Potatoes Sliced Peaches</p>	<p>22 Breakfast Sausage Pizza Bagel</p> <p>LUNCH Beef Nuggets w/WG roll or Hot Ham & Cheese Carrot sticks w/dressing Creamy Mashed Potatoes Assorted Fresh fruits</p>	<p>23 Breakfast Cheese Grits & Sausage Patty</p> <p>LUNCH Chicken Nuggets w/WG roll or Hot Dog w/WG bun Broccoli w/cheese sauce Baked Cinnamon Apples Tropical Fruit cup</p>
<p>26 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Beef, WG Nachos & Cheese or Chicken slider on WG Steamed Corn Broccoli w/cheese sauce Assorted Fresh fruits</p>	<p>27 Breakfast Chicken Biscuit</p> <p>LUNCH Pepperoni Pizza or Taco w/WG wrap Romaine Tossed salad Diced tomatoes Baked Tater Tots Strawberries w/topping</p>	<p>28 Breakfast Cheese Grits w/Sausage Patty</p> <p>LUNCH Spaghetti w/Meat sauce or PBJ on WG WG Breadstick Glazed Carrots Baked Oven Fries Sliced Pears</p>	<p>Featured GA Produce</p> 	<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG</p>

National Heart Healthy Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

* Variety of Milk (Breakfast & Lunch)/Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER