



**PUTNAM**  
COUNTY CHARTER SCHOOL SYSTEM  
inspire. innovate. excel.

February 2018  
Putnam County Middle School  
Breakfast & Lunch Menus



**BREAKFAST PRICES**  
STUDENTS @ NO COST

**LUNCH PRICES**  
FULL PRICE: \$2.15  
REDUCED: \$ .40  
ADULT: \$3.50

ADULT: \$1.60



Featured Produce: Mushrooms

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Featured GA Produce</b> 		<b>01 Breakfast</b> Sausage Biscuit & Cheese Grits  <b>LUNCH</b> Pizza or Hot Dog w/WG bun Tossed Green Salad w/dressing Corn on Cob Fresh Banana	<b>02 Breakfast</b> Chicken Biscuit  <b>LUNCH</b> Steak Patty or Savory Meatballs Mashed Potatoes w/gravy Green Beans & WG roll Fresh Apple
<b>05 Breakfast</b> French Toast & Sausage  <b>LUNCH</b> Chicken Tenders or w/WG Cornbread Muffin Baked Potato Steamed Collards Fresh Orange wedges	<b>06 Breakfast</b> Bacon, Toast & Cheese Grits  <b>LUNCH</b> Hot Ham & Cheese on WG bun or Ham & Cheese Sub Multigrain chips Steamed Broccoli Sliced Peaches	<b>07 Breakfast</b> Chicken Biscuit  <b>LUNCH</b> Pork Roast or Meat Loaf w/gravy Mashed Potatoes & <b>Mushrooms</b> w/WG roll Pinto Beans Fruit cocktail cup	<b>08 Breakfast</b> Sausage Biscuit & Cheese Grits  <b>LUNCH</b> Cheeseburger w/WG bun or PBJ Fresh Carrots & dressing Multigrain chips or Crinkle Fries Baked Beans or Vegetable Juice Strawberry cup	<b>09 Breakfast</b> Waffle & Sausage links  <b>LUNCH</b> Pizza or Lasagna Pie Green Beans Tossed Salad w/dressing Mandarin Orange wedges
<b>12 Breakfast</b> French Toast & Sausage  <b>LUNCH</b> Chicken Tenders or PBJ WG breadstick Macaroni & Cheese Steamed Green Beans Fresh Apple	<b>13 Breakfast</b> Bacon, Toast & Cheese Grits  <b>LUNCH</b> Cheesy Taco w/WG Chips Grilled Cheese sandwich Salsa & Corn Green lettuce/Tomatoes/Peppers Assorted Fresh fruit	<b>14 Breakfast</b> Chicken Biscuit  <b>LUNCH</b> Chili Beans w/Corn Muffin Hot Dog on WG bun Baked Potato w/Sour cream Steamed Carrots & Broccoli Mandarin Orange wedges	<b>15 Breakfast</b> Sausage Biscuit & Grits  <b>LUNCH</b> Pizza or Chef Salad <b>Sautéed Mushrooms</b> French Fries Tossed Green Salad w/dressing Fresh Banana	<b>16 Breakfast</b> Ham & Cheese Croissant  <b>LUNCH</b> Steak or Savory Meatballs WG roll Steamed Rice & gravy Pinto Beans Sliced Peaches
<b>19 President's Day (All Living)</b> 	<b>20 Breakfast</b> Chicken Biscuit & Cheese Grits  <b>LUNCH</b> Pizza or Chicken Salad Tossed Green Salad w/dressing Steamed Broccoli Marinara Sauce & WG breadstick Mandarin Orange wedges	<b>21 Breakfast</b> Bacon & Cheese Grits  <b>LUNCH</b> Cheesy Taco w/WG chips or Peanut & Butter Jammer Tossed Green Salad w/Peppers Salsa, Corn &/or Refried Beans Pineapple tidbits	<b>22 Breakfast</b> Sausage Biscuit & Cheese Grits  <b>LUNCH</b> Zesty Popcorn Chicken or Zesty Meatballs Stir-fry Rice & WG roll Vegetable Medley w/sauce Assorted Fresh fruit	<b>23 Breakfast</b> French Toast & Sausage  <b>LUNCH</b> Spaghetti w/Meat sauce WG roll or Double Cheeseburger Tossed Green Salad w/dressing Broccoli & Tropical Fruit cup
<b>26 Breakfast</b> Sausage Biscuit & Hash Brown  <b>LUNCH</b> Chicken Tenders or Steak Nuggets Corn Muffin Mashed Potatoes Seasoned Turnips <b>Baked Cinnamon Apples</b>	<b>27 Breakfast</b> Cereal Bar & Yogurt  <b>LUNCH</b> Vegetable & Beef Soup w/Peanut Butter & Jelly Jammer or Grilled Cheese sandwich Baked Potato w/Sour cream Tossed Green Salad w/dressing Sliced Pears	<b>28 Breakfast</b> Bacon & Cheese Grits  <b>LUNCH</b> Sweet & Sour Chicken or Chicken Pot Pie WG Garlic Breadstick Stir-fry Rice Steamed Broccoli Mandarin Orange wedges	<b>Featured GA Produce</b> 	<b>Notice to Parents:</b> Putnam County Charter School Nutrition Program offers a variety of produce at every meal. <b>Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast &amp; Lunch. Whole Grains=WG</b>

National Heart Healthy Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

\* Variety of Milk (Breakfast & Lunch)/Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast \*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER