



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

January 2018

Putnam County Primary School

Breakfast & Lunch Menus



BREAKFAST PRICES
STUDENTS EAT FREE

LUNCH PRICES
FULL PRICE : \$2.00
REDUCED: \$.40
ADULT: \$3.50

ADULT: \$1.60



Featured Produce: Cabbage & Brussel Sprouts

Monday

Featured GA Produce



Butter Steamed Cabbage

Tuesday

Featured GA Produce



Sweet & Spicy Roasted Brussels Sprouts

Wednesday



Thursday

04 Breakfast

French Toast sticks

LUNCH

Pull Pork or Hot dog on WG bun
Steamed Broccoli
w/Cheese sauce
Baked Tater Tots
Sliced Pear halves

Friday

05 Breakfast

Cheese Grits & Sausage

LUNCH

Fajita Chicken or
Hamburger
Oven Baked French fries
Green Beans
Sliced Pineapples

National Oatmeal Month



08 Breakfast

Cheese Grits w/Sausage

LUNCH

General Tso Chicken
or Cheeseburger w/WG bun
Stir-Fry Veggies & Rice
English Peas
Pineapple tidbits

09 Breakfast

Sausage Biscuit

LUNCH

Steak and Gravy
or Ham sandwich
Green Beans
Collard Greens
Fresh Fruit

10 Breakfast

Sausage Patty & Cheese Grits

LUNCH

Nachos w/Meat sauce
& Cheese sauce
or Beef Nuggets w/WG roll
Steamed Corn
Roasted Brussel Sprouts
Fresh Orange wedges

11 Breakfast

Brown Sugar & Cinnamon Oatmeal

LUNCH

Pepperoni Pizza
or Hot dog on WG bun
Broccoli w/Cheese sauce
Steamed Cabbage
Fresh Banana

12 Breakfast

Cheese Grits & Sausage

LUNCH

Beefy Vegetable Soup
w/WG Saltines or
Chicken Sliders on WG
Baked Beans & Sweet Potatoes
Assorted Fresh fruit



15 King Holiday



16 Breakfast

Sausage & Cheese Grits

LUNCH

Pepperoni Pizza
or Hot dog on WG bun
Tossed Green Salad
Diced tomatoes &/or French fries
Apricot cup

17 Breakfast

Sausage Biscuit

Breakfast for LUNCH

Cheese Grits
Waffle & Sausage or Chicken
or Pancake on a stick
Wango Mango Vegetable Juice
Yam Patties &/or 100% Fruit Juice

18 Breakfast

Super Donut & Graham Crackers

LUNCH

Pulled Pork sandwich on WG
Ham & Cheese on WG bread
Romaine Mixed Salad w/dressing
Steamed Corn
Assorted Fresh fruit

19 Breakfast

Cheese Grits & Sausage

LUNCH

Chicken Nuggets w/WG roll
or Hamburger w/WG bun
Black-eyed peas
Macaroni & Cheese
Sliced Peaches

PLEASE
REMEMBER THAT
PUTNAM COUNTY
CHARTER SCHOOL
SYSTEM IS
OFFERING FREE
BREAKFAST TO ALL
STUDENTS THIS
YEAR

22 Breakfast

Cheese Grits w/Sausage

LUNCH

Chicken Nuggets or
Ham & Cheese
on WG bread
Dill Spears
Baked Beans
Sliced Peaches

23 Breakfast

Waffles

LUNCH

Pepperoni Pizza or
Hot dog on WG
Tossed Green Salad
w/diced tomatoes
Potato Gems
Assorted Fresh fruit

24 Breakfast

Sausage Biscuit

LUNCH

Chicken Tenders w/WG roll
or Cheeseburger on WG bun
Black-eye Peas
Buttered Potatoes
Fresh Orange wedges

25 Breakfast

Sausage Pizza Bagel

LUNCH

Beef Patty w/Rice & gravy
w/WG roll
or WG Corndog
Sweet Potatoes
Chilled Potato Salad
Fruit Cocktail cup

26 Breakfast

Cheese Grits & Sausage

LUNCH

Chicken Nuggets w/WG roll
or Grilled Cheese w/WG bread
Collard Greens
Steamed Carrots
Baked Cinnamon Apples

MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.

*Variety of Milk
(Breakfast & Lunch),
Cereal, 100% Juice,
Fresh Fruit or
Vegetables Offered
Daily for Breakfast*

29 Breakfast

Cheese Grits w/Sausage

LUNCH

Grilled Cheese or
PBJ Sandwich on WG bread
Creamy Mashed Potatoes
Broccoli w/cheese sauce
Tropical Fruit cup

30 Breakfast

Chicken Biscuit

LUNCH

Chicken Nuggets w/Rice Pilaf
or Ham & Cheese on WG bread
Green Beans
Collard Greens
Applesauce cup

31 Breakfast

Cheese Grits w/Sausage Patty

LUNCH

Pepperoni Pizza or
Hot dog on WG bun
Green Salad w/diced tomatoes
Potato Gems
Assorted Fresh fruit

Notice to Parents:
Putnam County Charter
School Nutrition Program
offers a variety of produce at
every meal. Children must
choose a minimum of 1/2 cup
of fruit or vegetable for
Breakfast & Lunch.
Whole Grain = WG

Featured GA Produce



THIS
INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER