

NOVEMBER 2017
Putnam County Primary School
Breakfast and Lunch
Menus



BREAKFAST PRICES **LUNCH PRICES**
NO COST (STUDENTS) **FULL PRICE : \$2.00**
ADULT: \$1.60 **REDUCED: \$.40**
ADULT: \$3.50

Featured Georgia Produce: Pecans & Turnip Greens

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG</p> 	<p>Featured GA Produce</p> 			<p>Featured GA Produce</p> 
		<p>01 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Beefy Vegetable soup PBJ or Chicken sandwich WG Saltines Broccoli w/ Cheese sauce Strawberry cup</p>	<p>02 Breakfast French Toast w/Cheese Grits</p> <p>Lunch Chicken Nuggets w/WG roll Steak & gravy w/Rice Pilaf Baked Tater Tots English Pea Casserole Fresh Banana</p>	<p>03 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Pepperoni Pizza or Hotdog Tossed Salad w/dressing Diced Tomatoes Steamed Corn Assorted Fresh fruit</p>
<p>06 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Pork Chop & Rice w/gravy or Corndog & WG roll Black-eye Peas Baked Tater Tots Applesauce cup</p>	<p>07 Breakfast Chicken Biscuit</p> <p>Lunch Chicken or Beef Nuggets roll Baked Potato w/Chili Cheesy Mashed Potatoes Carrot Sticks w/dressing Assorted Fresh fruit</p>	<p>08 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Pizza or PBJ Jammer Breadstick Tossed Green Salad Diced Tomatoes/Picante Sauce Strawberry w/topping</p>	<p>09 Breakfast French Toast w/ Cheese Grits</p> <p>Lunch BBQ Chicken w/WG roll or Hamburger on WG bun Turnip Greens Buttered Corn Sliced Peaches</p>	<p>10 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Roast Pork & Rice w/gravy Fish sandwich on WG Lima Beans & Baked fries Dill Spears Sliced Pears</p>
<p>13 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Cheese Grits & biscuit w/Sausage Gravy or Hamburger on WG Assorted chips &/or Dill Spears or Sweet Potatoes Assorted Fresh fruit</p>	<p>14 Breakfast Sausage Biscuit</p> <p>Lunch Chicken Nuggets or Corndog w/WG roll Creamy Mashed Potatoes Carrot Sticks w/dressing Orange Smiles</p>	<p>15 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch Chicken Fajita w/wrap Beef Nuggets & WG roll Black-eye Peas Broccoli & Rice Casserole Assorted Fresh fruit</p>	<p>16 Breakfast Cereal or Pop Tart</p> <p><i>Thanksgiving Meal</i> Turkey w/ Gravy Collard Greens & Green Beans Sweet Potatoes Cornbread Dressing Cranberry sauce Tropical Mixed fruit Extra: Pecan Pie Slice</p>	<p>17 Breakfast Cheese Grits w/Sausage Patty</p> <p>Lunch PBJ Jammer on WG Hotdog on WG bun Broccoli w/ Cheese sauce Steamed Corn Sliced Peaches</p>
<p>27 Breakfast Cheese Grits w/ Sausage Patty</p> <p>Lunch Pizza or PBJ Jammer Breadstick & Oven Fries Tossed Salad w/dressing Tomatoes & Picante Sauce Sliced Peaches</p>	<p>28 Breakfast Chicken Biscuit</p> <p>Lunch Beefy Nachos w/Cheese sauce or Meatloaf & Corn Muffin Creamy Mashed Potatoes Collard Greens Assorted Fresh fruit</p>	<p>29 Breakfast Cheese Grits w/ Sausage Patty</p> <p>Lunch Fajita Chicken w/WG Wrap or Baked Chicken w/WG roll Potato wedges Turnip Greens Strawberry w/topping</p>	<p>30 Breakfast French Toast w/Cheese Grits</p> <p>Lunch Cheesy Spaghetti or PBJ Jammer Breadstick w/Marinara sauce Cut Green Beans Tossed Romaine Salad Fresh Pear</p>	

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST TO ALL STUDENTS THIS YEAR AT NO COST

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast/Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER