



**PUTNAM**  
COUNTY CHARTER SCHOOL SYSTEM  
inspire. innovate. excel.

**NOVEMBER 2017**  
Putnam County High School  
**Breakfast and Lunch**  
**Menus**



**BREAKFAST PRICES**  
**NO COST (STUDENTS)**

**ADULT: \$1.60**

**LUNCH PRICES**  
**FULL PRICE : \$2.25**  
**REDUCED: \$ .40**  
**ADULT: \$3.50**

**Featured Georgia Produce: Pecans & Turnip Greens**

**Monday**

**Notice to Parents:**  
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



**06 Breakfast**  
Steak Biscuit

**Lunch**  
Chicken Nuggets w/WG roll or Salad Bar  
Baked Sweet Potato  
Steamed Collards  
Cinnamon Apples

**13 Breakfast**  
Sausage Biscuit

**Lunch**  
Chicken Nuggets or Salad Bar w/WG roll  
Mashed Potatoes  
Steamed Green Peas  
Fruit cocktail

**27 Breakfast**  
Sausage Biscuit

**Lunch**  
Chicken Nuggets w/WG roll or PBJ Sack Lunch  
Fresh Steamed Broccoli  
Mashed Potatoes  
Mixed Fresh fruit

**Tuesday**

**Featured GA Produce**



**07 Breakfast**  
Sausage Biscuit/Cheese Grits

**Lunch**  
Chicken Fajita w/WG wrap  
Egg Roll or Salad Bar  
Stir-fry Vegetables  
WG Rice or **Roasted Turnips**  
Mandarin Orange wedges

**14 Breakfast**  
**Pecan** Yogurt Parfait/Grits

**Lunch**  
Fried Chicken Breast on WG bun or Salad Bar  
Potato Wedges  
Steamed Corn  
Tossed Salad w/tomatoes  
Fresh Apple

**28 Breakfast**  
Chicken Biscuit/Cheese Grits

**Lunch**  
Grilled Hotdog w/WG bun or Salad Bar  
Tater Tots  
Baked Beans/Homemade Chili  
Pineapple slices

**Wednesday**



**01 Breakfast**  
DIY Waffles/Sausage Biscuit

**Lunch**  
Chicken Tenders or Salad Bar w/WG Corn Muffin  
Baked Potato  
Seasoned Collards  
Fresh Orange

**08 Breakfast**  
**Berry Pancakes & Sausage**  
*Thanksgiving Meal*  
Turkey & Cranberry Sauce  
Cornbread Dressing  
**Turnips &/or Green Beans**  
Fruit Cocktail  
Sweet Potato or **Pecan Pie**  
**Second Option: Hot Wings**

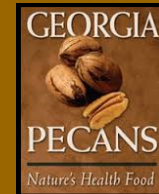
**15 Breakfast**  
Sausage Links & Biscuit/DIY Waffles

**Lunch**  
Chicken Tenders or Salad Bar w/WG roll  
Pinto Beans  
**Turnip Greens**  
Fresh Tangerine

**29 Breakfast**  
Sausage Links/Pancakes

**Lunch**  
Tacos w/WG shell or Salad Bar w/WG roll  
Tossed Green Salad  
Steamed Corn  
Fresh Apple

**Thursday**



**02 Breakfast**  
Steak Nuggets & Cheese Grits

**Lunch**  
Grilled Hamburgers w/WG bun or Salad Bar w/Roll  
French Fries  
Tossed Salad  
Assorted Fresh fruit

**09 Breakfast**  
**Pecan** Yogurt Parfait

**Lunch**  
Beef Nachos w/WG chips or Salad Bar  
Tossed Green Salad  
Corn & Bean Salsa  
Tropical Fruit

**16 Breakfast**  
Chicken Biscuit & Grits

**Lunch**  
Grilled Hamburgers w/WG bun or Salad Bar w/WG roll  
French fries  
Tossed Green Salad  
Mandarin Orange wedges

**30 Breakfast**  
Steak Nuggets Biscuit/Grits

**Lunch**  
Chicken Tenders w/WG roll or Salad Bar  
Baked Potato  
Steamed Green Beans  
Fresh Orange

**Friday**

**Featured GA Produce**



**03 Breakfast**  
Bacon Biscuit & Grits

**Lunch**  
Homemade Pizza or Salad Bar  
Tossed Salad w/dressing  
Corn Cobettes & French fries  
Fresh Apple

**10 Breakfast**  
Bacon Biscuit & Grits

**Lunch**  
Homemade Pizza or Salad Bar  
Tossed Salad w/dressing  
Steamed Broccoli  
Fresh Apple

**17 Breakfast**  
Bacon Biscuit & Grits

**Lunch**  
Homemade Pizza or Salad Bar  
Tossed Salad w/dressing  
Steamed Corn  
Fresh Apple



**National Georgia Pecan Month**



**PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST TO ALL STUDENTS THIS YEAR AT NO COST**

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE.**

**Variety of Milk (Breakfast/Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast \***

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**