



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

NOVEMBER 2017
Putnam County Middle School
Breakfast and Lunch
Menus



BREAKFAST PRICES
NO COST (STUDENTS)

ADULT: \$1.60

LUNCH PRICES
FULL PRICE : \$2.15
REDUCED: \$.40
ADULT: \$3.50

Featured Georgia Produce: Pecans & Turnip Greens

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG</p> 	<p>Featured GA Produce</p> 			<p>Featured GA Produce</p> 
		<p>01 Breakfast Bacon & Cheese Grits</p> <p>Lunch Cheesy Nachos w/WG chips or Fajita Wrap Lettuce/Tomato/Peppers Salsa/Corn Fresh Banana</p>	<p>02 Breakfast French Toast & Sausage</p> <p>Lunch Pizza or Grilled Cheese on WG Romaine Spinach Salad w/dressing Green Beans Fresh Orange Wedges</p>	<p>03 Breakfast Cereal & Crackers or Yogurt</p> <p>Lunch Chicken Tenders or Steak Nuggets/WG roll Baked Potato Broccoli & Carrots Fresh Apple</p>
<p>06 Breakfast Steak Nuggets & Cheese Grits</p> <p>Lunch Chicken Tenders w/WG Roll or Grilled Cheese Peas & Carrots Cream Potatoes Pineapple tidbits</p>	<p>07 Breakfast French Toast & Sausage links</p> <p>Lunch Hot Dog w/WG bun or Corndog Sun chips Baked Beans Chilled Coleslaw Fresh Orange wedges</p>	<p>08 Breakfast Cereal Bar & Yogurt</p> <p><i>Thanksgiving Meal</i> Turkey & Cranberry Sauce Cornbread Dressing Turnip Greens &/or Green Beans/Fruit Cocktail Sweet Potato or Second Option: Hot Wings</p>	<p>09 Breakfast Bacon & Cheese Grits</p> <p>Lunch Ham & Cheese or PBJ sandwich French fries Steamed Broccoli & Carrots Fresh Banana</p>	<p>10 Breakfast Sausage, Toast & Grits</p> <p>Lunch Pizza or Corndog Celery & dressing Corn on Cob Breadstick w/Marinara Fresh Apple</p>
<p>13 Breakfast Pancakes w/Syrup</p> <p>Breakfast for Lunch Sausage & Cheese Grits or Steak Nugget Scramble Eggs WG Biscuit Sun Sip Veg. Juice & Fruit Juice Pineapple Tidbits</p>	<p>14 Breakfast Bacon & Cheese Grits</p> <p>Lunch Pepperoni Pizza or Grilled Cheese Steamed Green Beans Romaine Spinach Salad w/dressing Fresh Orange wedges</p>	<p>15 Breakfast Pecan Parfait</p> <p>Lunch Cheesy Spaghetti WG roll/Chef Salad Corn on Cob Romaine Tossed Salad Fresh Banana</p>	<p>16 Breakfast Steak Nuggets & Cheese Grits</p> <p>Lunch Chicken Tender w/WG Corn Muffin or PBJ Baked Potato Turnip Greens Assorted Fruit</p>	<p>17 Breakfast Sausage Biscuit</p> <p>Lunch Cheeseburger on WG bun or Fajita Wrap Lettuce/Tomato/Onion Tater Tots/Baked Beans Fresh Apple</p>
<p>27 Breakfast Steak Nuggets & Grits</p> <p>LUNCH Chicken Tender w/WG Roll Mashed Potatoes Steamed Green Peas Slice Pears w/Cherries</p>	<p>28 Breakfast Bacon & Cheese Grits</p> <p>Lunch BBQ Pork or Grilled Chicken w/WG bun Sun chips Fresh Coleslaw Fresh Orange wedges</p>	<p>29 Breakfast French Toast & Sausage links</p> <p>Lunch Cheesy Beef Nachos or Wrap Lettuce/Tomato/Peppers Refried Beans Buttered Corn/Salsa Fresh Banana</p>	<p>30 Breakfast Sausage Biscuit</p> <p>Lunch Cheeseburger or Hot Dog WG bun Baked Beans or Potato wedges Lettuce/Tomato/Onions Fresh Apple</p>	

National Georgia Pecan Month



PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST TO ALL STUDENTS THIS YEAR AT NO COST**

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

Variety of Milk (Breakfast/Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER