



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

OCTOBER 2017
Putnam County High School
Breakfast and Lunch



BREAKFAST PRICES
NO COST (STUDENTS)
ADULT: \$1.60

LUNCH PRICES
FULL PRICE: \$2.25
REDUCED: \$.40
ADULT: \$3.50

Featured Georgia Produce: Pumpkins & Pole Beans

National School Lunch Week
October 9-13, 2017



Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



***09 Breakfast**
Sausage Biscuit

Lunch
Hot Wings or Salad Bar
WG dinner roll
Seasoned Collards
Black-eyed Peas
Mandarin Orange wedges

***10 Breakfast**
Chicken Biscuit w/Grits

Lunch
Chicken Nuggets or Salad Bar
WG breadstick
Creamy Mashed Potatoes
Steamed Green Beans
Fresh Apple

***11 Breakfast**
Waffles or Sausage Biscuit

Lunch
War Eagle Dog w/bun or
Salad Bar w/WG roll
Spicy Coleslaw
Chili cheese fries
Assorted Fresh fruit

***12 Breakfast**
Steak Nuggets & biscuit

Lunch
Grilled Hamburger w/WG bun or
Salad Bar w/WG roll
Baked Tater Tots
Roasted Pumpkin
Fresh Banana

***13 Breakfast**
Bacon Cheese Biscuit & Grits

Lunch
Pepperoni Pizza or Salad Bar &
Cheese WG breadstick
Fresh Steamed Corn
Tossed Salad w/dressing
Assorted Fresh fruit



16 Breakfast
Breakfast Pizza

Lunch
Hot Wings or Salad Bar
w/WG roll
Tossed Salad
Celery/Carrot w/dressing
Fresh Apple

17 Breakfast
Chicken Biscuit w/Grits

Lunch
Chicken Nuggets or Salad Bar
w/WG roll
Georgia "Snap" Pole Beans
Mashed Potatoes
Mandarin Orange wedges

18 Breakfast
DIY Parfaits or Sausage Biscuit

Lunch
Beef Nachos w/WG chips
or Salad Bar or WG roll
Black Bean Corn Salsa
Tossed Salad w/dressing
Tropical Fruit cup

19 Breakfast
Steak Nuggets & biscuit

Lunch
Hamburger or Salad Bar
w/WG bun & French Fries
Tossed Salad w/dressing
Sautéed Mushrooms
Strawberry cup

20 Breakfast
Bacon Cheese Biscuit & Grits

Lunch
Pizza or Salad Bar
w/Cheese breadstick
Tossed Salad w/dressing
Steamed Broccoli
Assorted fruit

PLEASE
REMEMBER THAT
PUTNAM COUNTY
CHARTER SCHOOL
SYSTEM IS
OFFERING
**BREAKFAST AT NO
COST TO ALL
STUDENTS THIS
YEAR**

23 Breakfast
Sausage Biscuit

Lunch
Chicken Tenders
or Salad Bar/Corn Muffin
Baked Potato w/Sour cream
Steamed Collard Greens
Cinnamon Apples

24 Breakfast
Chicken Biscuit w/Grits

Lunch
Grilled Hot Dogs w/WG bun or
Salad Bar w/WG roll
Coleslaw &/or Baked Beans
Cheesy French fries
Fresh Pear

25 Breakfast
Waffles or Sausage Biscuit

Lunch
Chicken Fajita w/wrap or
Salad Bar w/WG roll
Steamed WG Rice
Sautéed Vegetables
Pineapple Tidbits

26 Breakfast
Steak Nuggets & biscuit

Lunch
Chicken Parmesan w/WG bun or
Salad Bar w/WG roll
Tossed Salad w/dressing
Roasted Pumpkin
Mandarin Orange wedges

27 Breakfast
Bacon Biscuit & Grits

Lunch
Pizza or Salad Bar
Cheese breadstick
Tossed Salad w/dressing
Steamed Corn
Assorted fruit

**MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.**

30 Breakfast
Sausage Links/Biscuit

Lunch
Hot Wings
or Salad Bar
w/WG roll
Tossed Salad
Celery/Carrot w/dressing
Fresh Apple

31 Breakfast
Chicken Biscuit w/Grits

Lunch
Steak and Gravy
or Salad Bar
w/WG Breadstick
Mashed Potatoes
Georgia "Snap" Pole Beans
Cinnamon Apples

Featured GA Produce

Featured GA Produce

*** Variety of Milk
(Breakfast & Lunch),
Cereal, 100% Juice,
Fresh Fruit or
Vegetables are Offered
Daily for Breakfast ***

**THIS
INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER**