



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

OCTOBER 2017
Putnam County Elementary School
Breakfast and Lunch



BREAKFAST PRICES
NO COST (STUDENTS)
ADULT: \$1.60

LUNCH PRICES
FULL PRICE: \$2.00
REDUCED: \$.40
ADULT: \$3.50

Featured Georgia Produce: Pumpkins & Pole Beans

National School Lunch Week
October 9-13, 2017



Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. **Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. Whole Grains=WG**



***09 Breakfast**
Sausage Biscuit

Lunch
Chicken Nuggets w/WG roll or PBJ Jammer
Mashed Potatoes
Steamed Carrot Coins
Strawberry cup

***10 Breakfast**
Chicken Biscuit

Lunch
Grilled Ham & Cheese or Old fashioned PBJ sandwich
Sun chips
Peas & Carrots
Pineapple tidbits

***11 Breakfast**
Ham & Cheese Croissant

Lunch
Pepperoni Pizza or Eagle Dog
Vegetable medley
Buttered Corn
Sliced Peaches

***12 Breakfast**
Pizza

Lunch
Cheeseburger or Hamburger PBJ Jammer
Potato Logs &/or Baked Beans
Tossed Salad w/dressing
Orange wedges

***13 Breakfast**
Pancakes & Sausage

Lunch
Beefy Cheesy Nachos or Old-Fashioned PBJ sandwich
Fresh Carrot sticks w/dip
Green Lettuce Salad
Assorted Apples



16 Breakfast
Pancake on a Stick

Lunch
Chicken Nuggets w/WG roll or Grilled Cheese sandwich
Mashed Potatoes
Steamed Peas & Carrots
Assorted Fresh Apples

17 Breakfast
Chicken Biscuit

Lunch
Pepperoni Pizza or Old-Fashioned PBJ sandwich
Tossed Green Salad
Chilled Italian Pasta Salad
Fruit Cocktail

18 Breakfast
Pizza or Apple Frudel

Lunch
Chicken & w/WG Rice or Grilled Cheese sandwich
Georgia "Snap" Pole Beans
Yam Patties or Corn Muffin
Fresh Banana

19 Breakfast
Sausage Biscuit Cheese Grits

Lunch
Slider Cheeseburger or Eagle Dog & Tri Taters
Steamed Broccoli
Romaine Spinach Salad
Fresh Orange wedges

20 Breakfast
Parfait or Pizza

Lunch
Chili Con Carne or PBJ Jammer w/ Corn Muffin
Roasted Pumpkin
Buttered Steamed Corn
Assorted Fresh apple

PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING **BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

23 Breakfast
Pancakes & scrambled eggs

Lunch
Sweet & Sour Chicken or Old-Fashioned PBJ sandwich
WG Steamed Rice
Stir-fry Vegetables or Egg roll
Mandarin Orange wedges

24 Breakfast
Chicken Biscuit & Tri-Taters

Lunch
Ham & Cheese Potato Casserole or Eagle Dog & WG roll
Fresh Carrot sticks w/dip
Georgia "Snap" Pole Beans
Sliced Peaches

25 Breakfast
Pizza

Lunch
Beefy Cheesy Nachos or PBJ Jammer
Pinto Beans
Fresh Cucumbers w/dip
Strawberry cup

26 Breakfast
Ham & Cheese Croissant

Lunch
Chicken Nuggets w/roll or Grilled Cheese sandwich
Mashed Potatoes
Green Peas
Cinnamon Apples

27 Breakfast
Sausage links, Grits & WG toast
Extra: Chocolate Chip Cookie

Lunch
Cheeseburger or Hamburger or Fish sticks w/WG roll
Baked Beans
Buttered Corn
Pineapple tidbits

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

30 Breakfast
Pancake on a Stick

Lunch
Pepperoni Pizza or Eagle Dog
Buttered Corn
Baked Beans
Sliced Peaches

31 Breakfast
Chicken Biscuit

Lunch
Patty Melt or Tuna w/crackers
Old-Fashioned PBJ sandwich
Roasted Pumpkin
Potato Wedges
Assorted Fresh Apples



* Variety of Milk (Breakfast & Lunch), Cereal, 100% Juice, Fresh Fruit or Vegetables are Offered Daily for Breakfast *

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER