



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

September 2017
Putnam High School
Breakfast & Lunch Menus



BREAKFAST PRICES
NO COST

ADULT: \$1.60

LUNCH PRICES
FULL PRICE : \$2.25
REDUCED: \$.40
ADULT: \$3.50



Featured Produce: Georgia's Mushrooms & Muscadine Grapes

Monday

Notice to Parents:
Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.
*WG=Whole Grains.

Tuesday

Featured GA Produce



Wednesday



Thursday

Featured GA Produce



Friday

01 Breakfast
Bacon Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar w/Cheese breadstick
Tossed Green Salad
Steamed Green Beans
Assorted fresh fruit

World School Milk Day
September 27th 2017



**ENJOY
LABOR
DAY!**

11 Breakfast
Sausage Biscuit

LUNCH
Chicken Nuggets or Salad Bar w/WG roll
Mashed Potatoes
Steamed Green Peas
Pineapple tidbits

05 Breakfast
Chicken Biscuit & Grits

LUNCH
Chicken Nuggets or Salad Bar w/WG roll
Mashed Potatoes
Steamed Green Peas
Pineapple tidbits

06 Breakfast
DIY Waffles or Sausage Biscuit

LUNCH
Beef Nachos w/WG chips or Salad Bar w/WG rolls
Tossed Green Salad
Black Bean Corn Salsa
Muscadine grapes

07 Breakfast
Steak Nuggets & Biscuit

LUNCH
Grilled Hamburger w/WG bun or Salad Bar w/WG rolls
Green Salad or French fries
Sautéed Mushrooms
Fresh Apple

08 Breakfast
Bacon, Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar w/Cheese breadstick
Tossed Green Salad
Baked Green Beans w/bacon
Assorted fresh fruit



**PUTNAM COUNTY
CHARTER SCHOOL
SYSTEM IS
OFFERING
BREAKFAST AT NO
COST TO ALL
STUDENTS THIS
YEAR**

**MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.**

*** Variety of Milk
(Breakfast & Lunch)
Cereal, 100% Juice,
Fresh Fruit (Lunch) or
Vegetables Offered
Daily for Breakfast ***

18 Breakfast
Sausage Biscuit

LUNCH
Chicken Nuggets or Salad Bar w/WG roll
Mashed Potatoes
Steamed Green Peas
Pineapple tidbits

12 Breakfast
Steak Nuggets, Biscuit & Grits

LUNCH
Hot Wings or Salad Bar w/WG roll
Tossed Salad w/dressing
Carrots w/dressing
Muscadine grapes

13 Breakfast
DIY Parfait Bar or Sausage Biscuit

LUNCH
Chicken Tenders or Salad Bar w/WG Cornbread Muffin
Pinto Beans
Savory Collard Greens
Fresh Apple

14 Breakfast
Sausage Biscuit

LUNCH
Grilled Hot Dog w/WG bun or Salad Bar w/WG rolls
Chili Cheese fries
Chilled coleslaw
Mandarin Orange wedges

15 Breakfast
Bacon, Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar w/Cheese breadstick
Tossed Green Salad
Steamed Green Beans
Assorted fresh fruit

25 Breakfast
Pancakes & Sausage Links

LUNCH
Chicken Nuggets or Salad Bar w/WG roll
Fresh Steamed Broccoli
Mashed Potatoes
Fresh Orange

19 Breakfast
Chicken Biscuit & Grits

LUNCH
Popcorn Chicken or Salad Bar w/WG roll
Steamed Green Beans
Black Eyed Peas
Fresh Pear

20 Breakfast
DIY Waffles or Sausage Biscuit

LUNCH
Grilled Hamburger w/WG bun or Salad Bar w/WG rolls
Tossed Green Salad
French fries
Sautéed Mushrooms
Fresh Apple

21 Breakfast
Steak Biscuit

LUNCH
Grilled Chicken Breast/WG bun or & Salad Bar w/breadstick
Tossed Green Salad
WG Sun Chips
Fresh Banana

22 Breakfast
Bacon Biscuit & Grits

LUNCH
Homemade Pizza w/ Cheese breadstick & Marinara Sauce
Tossed Salad w/dressing
Steamed Broccoli
Fresh Orange wedges

26 Breakfast
Steak Nuggets, Biscuit & Grits

LUNCH
Hot Wings or Salad Bar w/WG roll
Tossed Salad w/dressing
Fresh Carrots & Celery
Assorted fresh fruit

27 Breakfast
DIY Parfait Bar or Sausage Biscuit

LUNCH
Chicken Tenders or Salad Bar w/WG roll
Pinto Beans
Baked Potatoes
Fresh Apple

28 Breakfast
Egg Biscuit w/Sausage Links

LUNCH
Steak and Gravy or Salad Bar w/WG roll
WG Rice
Steamed Green Beans
Muscadine grapes

29 Breakfast
Bacon Biscuit & Grits

LUNCH
Homemade Pizza or Salad Bar w/Cheese breadstick
Tossed Green Salad
Steamed Green Beans
Assorted fresh fruit

Please remember to turn in a new 2017-2018 Free and Reduced application to a School Nutrition Manager in one of our cafeterias today.