

August 2017 Putnam Elementary School Breakfast & Lunch Menus



BREAKFAST PRICES
NO COST

ADULT: \$1.60

LUNCH PRICES
FULL PRICE : \$2.00
REDUCED: \$.40
ADULT: \$3.50



Featured Produce: Georgia's Watermelons & Apples

Monday	Tuesday	Wednesday	Thursday	Friday
<p>July 31 BREAKFAST Chicken Biscuit Welcome Back! Lunch Slider Cheeseburger WG bun or PBJ sandwich Steamed Broccoli Steamed Honey Carrot Coins Pineapple tidbits</p>	<p>01 Breakfast Sausage Biscuit & Grits Lunch Chicken Nuggets w/WG roll or Tuna Salad w/WG crackers Potato wedges Green Peas Mandarin Orange wedges</p>	<p>02 Breakfast Pancakes & Sausage Lunch Corndog or Cold-cut Sub sandwich Savory Baked Beans Strawberry Spinach Salad Sliced Pears</p>	<p>03 Breakfast "Early-sunrise" Pizza Lunch Pile-high Beef & Cheesy Nachos PBJ sandwich Steamed buttered corn Carrot sticks w/dip Fresh Banana</p>	<p>04 Breakfast Sausage Biscuit Lunch Eagle dog Grilled Cheese sandwich Chilled Coleslaw Vegetable medley Fresh Assorted Apples</p>
<p>07 Breakfast Pancakes & Sausage Lunch Pepperoni Pizza or Seasoned Chicken sandwich Green Salad w/tomatoes Green beans Strawberry cup</p>	<p>08 Breakfast Bagel Pizza Lunch Hamburger or Cheeseburger or Tuna Salad w/WG crackers Fresh Carrot sticks w/Ranch dip Tri-Taters Fresh Banana</p>	<p>09 Breakfast Apple Frudel or Sausage Biscuit Lunch Chicken Fajitas w/WG Tortilla Bean & Cheese Enchiladas Steamed buttered corn Pinto Beans Sliced Peaches</p>	<p>10 Breakfast Chicken Biscuit Lunch Grilled Ham & Cheese or Turkey Sub sandwich & Multigrain chips Chilled Broccoli Salad or Steamed Corn Slice Peaches</p>	<p>11 Breakfast French Toast sticks & Sausage Lunch Popcorn Chicken w/WG roll or Cheeseburger on WG bun Celery sticks w/Ranch dip Baked Potato wedges Mandarin Orange wedges</p>
<p>14 Breakfast Waffles & Chicken Tender Lunch Spaghetti & WG roll or Corndog Mixed vegetables Breadstick w/Marinara sauce Fresh Assorted Apples</p>	<p>15 Breakfast "Early-sunrise" Pizza Lunch Chicken Tenders w/WG roll Grilled Cheese sandwich Steamed Broccoli w/Carrot sticks Tri-Taters Sliced Pears</p>	<p>16 Breakfast Pancakes & Sausage Lunch Chicken Salad w/WG Crackers or Corndog Chilled Potato Salad Steamed Spinach Fruit Cocktail</p>	<p>17 Breakfast Sausage Biscuit & Cheese Grits Lunch Chicken & Cheese Nachos Chef Salad w/WG crackers Yam Patties Pinto Beans Fresh Watermelon chunks</p>	<p>18 Breakfast Ham & Cheese Croissant Lunch Pizza or PBJ Jammer Romaine Tossed Salad w/dressing Steamed Green Beans Fresh Assorted Berries</p>
<p>21 Breakfast Pizza and Frudel Lunch Chicken & WG rice or Grilled Cheese sandwich Green Peas Tossed Green Salad Pineapple tidbits</p>	<p>22 Breakfast Chicken Biscuit Lunch Pepperoni Pizza or Chicken wrap Vegetable medley Tri-Taters Strawberry cup</p>	<p>23 Breakfast Sausage Biscuit Lunch Corndog or Ham/Cheese Casserole Baked Beans &/or Chilled Coleslaw Fresh Banana</p>	<p>24 Breakfast Frudel &/or Cereal Lunch Cheeseburger or Hamburger Cold-cut Sub sandwich Romaine Tossed Salad w/dressing Steamed Mixed Vegetables Tropical fruit</p>	<p>25 Breakfast French Toast sticks & Sausage Lunch Fish sticks w/WG roll or Chicken sandwich Savory Turnip Greens Yam Patties Sliced Pears Fresh Watermelon chunks</p>
<p>28 Breakfast Pizza and Frudel Lunch Cheeseburger or Hamburger Grilled Cheese sandwich Baked Potato wedges Carrot sticks w/dip Tropical fruit</p>	<p>29 Breakfast Chicken & Waffles Lunch Eagle dog or Tuna Salad w/WG crackers Chilled Potato Salad Baked Beans Fresh Assorted Apples</p>	<p>30 Breakfast Steak Biscuit & Grits Lunch Hot Wings or Steak Nuggets Brussel Sprouts Carrot sticks w/Ranch dip Breadstick w/Marinara sauce Fresh Banana</p>	<p>31 Breakfast Chicken Biscuit Lunch Pile-high Beef Cheesy Nachos Ham & Cheese Sub Lettuce/tomatoes/peppers Corn & Bean Salsa Pineapple tidbits</p>	<p>Parents: *Please Submit a New Free & Reduced Application To A School Nutrition Manger Today!*</p>

National Watermelon Day
August 3rd



PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.

*** Variety of Milk (Breakfast & Lunch) Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast ***

Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.