



PUTNAM
COUNTY CHARTER SCHOOL SYSTEM
inspire. innovate. excel.

August 2017 Putnam High School Breakfast & Lunch Menus



BREAKFAST PRICES
NO COST

ADULT: \$1.60

LUNCH PRICES
FULL PRICE : \$2.25
REDUCED: \$.40
ADULT: \$3.50



Featured Produce: Georgia's Watermelons & Apples

Monday	Tuesday	Wednesday	Thursday	Friday
<p>July 31 Breakfast Chicken Biscuit</p> <p>Welcome Back! LUNCH Chicken Nuggets or Salad Bar WG roll Mashed Potatoes Steamed Green Beans Chilled Sliced Peaches</p>	<p>01 Breakfast Sausage Biscuit & Cheesy Grits</p> <p>LUNCH Hot Wings or Salad Bar WG Breadstick Celery & Carrots w/dressing Steamed Broccoli Fresh Apple</p>	<p>02 Breakfast Steak Biscuit</p> <p>LUNCH Hot dog w/WG bun or Salad Bar Baked Beans/WG chips Chilled Coleslaw Sliced Pineapples</p>	<p>03 Breakfast Waffles/Sausage links</p> <p>LUNCH Grilled Hamburger w/WG bun or Salad Bar French Fries Tossed Green Salad w/dressing Fresh Watermelon chunks</p>	<p>04 Breakfast Bacon/Egg Biscuit</p> <p>LUNCH Homemade Pizza or Salad Bar w/breadstick & Marinara sauce Tossed Green Salad w/dressing Steamed Corn Fruit Cocktail</p>
<p>07 Breakfast Chicken Biscuit</p> <p>LUNCH Chicken Tenders or Salad Bar WG Cornbread Muffin Seasoned Collards Baked Potato w/sour cream Fresh Apple</p>	<p>08 Breakfast Steak Nuggets & Cheesy Grits</p> <p>LUNCH Teriyaki Chicken or Salad Bar w/Vegetable Egg roll Steamed Rice or Stir-fry Veggies Carrots w/dressing Pineapple tidbits</p>	<p>09 Breakfast DIY Waffle or Sausage Biscuit</p> <p>LUNCH Cheesy Beef Nachos or Salad Bar w/WG roll Tossed Green Salad Black Bean Corn Salsa Fresh Apple</p>	<p>10 Breakfast Sausage Biscuit</p> <p>LUNCH Chicken Nuggets or Salad Bar Whole Grain roll Pinto Beans Steamed Broccoli Watermelon chunks</p>	<p>11 Breakfast Bacon Biscuit</p> <p>LUNCH Homemade Pizza or Salad Bar w/Cheese breadstick & Marinara sauce French Fries or Steamed Corn Fresh Orange wedges</p>
<p>14 Breakfast Sausage Biscuit</p> <p>LUNCH Chicken Tenders or Salad Bar w/WG roll Mashed Potatoes &/or Peas Fresh Apple</p>	<p>15 Breakfast Grits, Steak Nuggets & Biscuit</p> <p>LUNCH Fajita Chicken w/WG wrap or Salad Bar w/WG roll Steamed Rice or Stir-fry Veggies Mandarin Orange wedges</p>	<p>16 Breakfast Parfait Bar or Chicken Biscuit</p> <p>LUNCH Buffalo Pop Corn Chicken or Salad Bar w/WG roll Black-eyed Peas Steamed Broccoli</p>	<p>17 Breakfast Sausage link/Egg Biscuit</p> <p>LUNCH Homemade Pizza or Salad Bar w/breadstick & Marinara sauce Celery w/dressing or Fries Fresh Watermelon chunks</p>	<p>18 Breakfast Pizza or Cinnamon Danish</p> <p>LUNCH Hot Wings or Salad Bar Whole Grain roll Fresh Carrots & Green Salad w/dressing Fresh Apple</p>
<p>21 Breakfast Chicken Biscuit</p> <p>LUNCH Chicken Nuggets or Salad Bar WG roll Mashed Creamy Potatoes Steamed Broccoli Fresh Fruit</p>	<p>22 Breakfast Sausage links/Egg Biscuit & Grits</p> <p>LUNCH Grilled Hamburger w/WG bun or Salad Bar w/WG roll French Fries Tossed Salad w/dressing Fresh Watermelon chunks</p>	<p>23 Breakfast DIY Waffle or Sausage Biscuit</p> <p>LUNCH Beef Nachos w/WG chips or Salad Bar Tossed Salad/Steamed Corn Black Bean Corn Salsa Fresh Apple</p>	<p>24 Breakfast Steak Biscuit</p> <p>LUNCH Homemade Pizza or Salad Bar w/Cheese Breadstick Marinara Sauce Baked Tri-Hash brown Green Salad w/dressing Mandarin Orange wedges</p>	<p>25 Breakfast Bacon/Egg Biscuit</p> <p>LUNCH Grilled Chicken sandwich w/Whole grain bun or Salad Bar Baked Beans/WG chips Chilled Coleslaw Fresh Fruit</p>
<p>28 Breakfast Waffles and Chicken Tender</p> <p>LUNCH Chicken Nuggets or Salad Bar WG roll Mashed Creamy Potatoes Steamed Broccoli Mixed Fresh Fruit</p>	<p>29 Breakfast Sausage Biscuit & Cheesy Grits</p> <p>LUNCH Hot Wings or Salad Bar WG roll Fresh Carrots w/dressing Green Tossed Salad w/dressing Fresh Apple</p>	<p>30 Breakfast Chicken Biscuit</p> <p>LUNCH Steak and Gravy or Salad Bar w/WG roll Steamed Rice Green Beans Fresh Plum</p>	<p>31 Breakfast Breakfast Pizza or Pop Tart</p> <p>LUNCH Chicken Tenders or Salad Bar Cornbread Muffin Seasoned Collards Sweet Potato Yam Patty Baked Cinnamon Apples</p>	<p>Parents: *Please Submit a New Free & Reduced Application To A School Nutrition Manger Today!*</p>

National Watermelon Day
August 3rd



**PUTNAM COUNTY
CHARTER SCHOOL
SYSTEM IS
OFFERING
BREAKFAST AT NO
COST TO ALL
STUDENTS THIS
YEAR**

**MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.**

*** Variety of Milk
(Breakfast & Lunch)
Cereal, 100% Juice,
Fresh Fruit or
Vegetables Offered
Daily for Breakfast ***

Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.