








Featured Produce: Georgia Cantaloupe

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Cantaloupe & Blueberry Kabobs 	Featured GA Produce 		Featured GA Produce 	
10 Breakfast Pancake on a Stick or Cereal Welcome Back! LUNCH Chicken Nuggets & WG roll or PB&J sandwich Potato Salad Steamed Broccoli Fresh Pear	11 Breakfast Sausage Biscuit or Cereal LUNCH Eagle Corn Dog or Turkey and Cheese slider Baked Tater tots Baked Beans Fresh Assorted Fruit	12 Breakfast Chicken Biscuit or Cereal LUNCH Chicken Nachos w/Cheese or PB&J sandwich Romaine Lettuce & Tomato Salad Steamed Vegetable Medley Fresh Cantaloupe chunks	13 Breakfast Cereal Or Pop Tart *Extra: Ice Cream* LUNCH Pizza or PB&J sandwich Steamed Corn Tossed Salad w/Ranch dip Fresh Orange wedges	14 Breakfast Mini Blueberry Pancakes *Field Trip Day* SACK LUNCH PB&J sandwich or Cold Cut Sub sandwich Baked chips & Veggie Juice Fresh Raw Celery w/Ranch dip Fresh Apple
17 Breakfast Sausage Biscuit or Cereal LUNCH Eagle Hot Dog or Grilled Ham & Cheese Baked Hash Brown Steamed Broccoli Fresh Cantaloupe chunks	18 Breakfast Pizza Boat or Cereal Extra: Fresh Baked Cookie LUNCH Sweet & Sour Chicken or PB&J Wafer Bar & Steamed Rice & Garlic breadstick Steamed Vegetable Medley Mandarin Orange wedges	19 Breakfast Chicken Biscuit or Cereal LUNCH Chicken Nuggets w/breadstick or Cold Cut Sub Sandwich Fresh Carrot Sticks w/Ranch dip Steamed Green Beans Fresh Apple	20 Breakfast Waffle & Sausage *Extra: Ice Cream* LUNCH Hamburger w/WG bun or PB&J sandwich Baked French fries Spinach Salad w/cherry tomatoes Fresh Cantaloupe chunks	21 Breakfast Yogurt cup or Cereal *Field Trip Day* SACK LUNCH PB&J Sandwich or Cold Cut Sub Sandwich Sun chips & Fruit Juice Carrot sticks w/dip &/or Fresh Assorted Fruit

National Ice Cream Month



PLEASE NOTE THAT PUTNAM COUNTY SCHOOL SYSTEM IS OFFERING NO COST MEALS TO ALL STUDENTS 18 YEARS OR YOUNGER

MENUS SUBJECT TO CHANGE WITHOUT NOTICE.



Putnam County Seamless Summer Nutrition Program ends on July 20, 2017.
 All meals including breakfast at no cost.
 Breakfast: 8:00 AM
 Lunch: 11:15 AM



*** Variety of Milk (Breakfast & Lunch) Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast ***

Notice to Parents:
 Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch.