







**Featured Georgia Produce: Strawberries & Blueberries**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>01 Breakfast</b> Chicken &amp; WG Biscuit</p> <p><b>Lunch</b> Fajita Chicken wrap Chef Salad Sautéed Fresh Peppers Cheese sauce Corn &amp; Salsa Mandarin Orange wedges</p>	<p><b>02 Breakfast</b> Bacon &amp; Cheese Grits</p> <p><b>Lunch</b> Chicken Nuggets Baked Potato Green Beans WG roll Sliced Pears</p>	<p><b>03 Breakfast</b> Sham Biscuit &amp; Grits</p> <p><b>Lunch</b> Cheesy Taco Meat/WG chips Fish sandwich WG bun Lettuce/Tomato/Peppers Broccoli &amp; Cheese &amp;/or Salsa Fresh Banana</p>	<p><b>04 Breakfast</b> French Toast or Pancakes</p> <p><b>Lunch</b> Hamburger or Sliced Ham WG bun Baked Beans &amp; Chilled Coleslaw French Fries <b>Blueberries or Strawberries</b></p>	<p><b>05 Breakfast</b> Sausage, Egg &amp; Croissant <b>School Nutrition Hero Day</b></p> <p><b>Lunch</b> Pizza or PBJ Jammer Romaine Salad w/dressing Steamed Carrots Fresh Apple <b>Extra:</b> Chocolate Chip Cookie</p>
<p><b>08 Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Sweet &amp; Sour Chicken Steamed Rice &amp; WG roll Mixed Vegetables &amp; Broccoli French Fries Fresh Pears</p>	<p><b>09 Breakfast</b> Bacon &amp; Cheese Grits</p> <p><b>Lunch</b> Cheesy Taco Meat Fish Stick WG wrap Lettuce/Tomatoes/Peppers Corn &amp; Salsa Fresh Oranges wedges</p>	<p><b>10 Breakfast</b> French Toast</p> <p><b>Breakfast for Lunch</b> Sausage or Steak Nuggets Biscuit, Grits, &amp;/or Eggs Vegetable Juice &amp;/or Fruit Juice Fresh Banana</p>	<p><b>11 Breakfast</b> Cereal Bar &amp; Crackers or Strawberry &amp; Granola Parfait</p> <p><b>Lunch</b> Pizza or Grilled Cheese Romaine Spinach Salad Breadstick &amp; Marinara Sauce Steamed Vegetable Medley <b>Blueberries or Strawberries</b></p>	<p><b>12 Breakfast</b> Sausage Biscuit &amp; Grits</p> <p><b>Lunch</b> BBQ Chicken sandwich Sliced Hot Ham on WG bun French Fries Baked Beans Fresh Apple</p>
<p><b>15 Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Beef Patty w/gravy Meatball w/WG roll Cream Potato &amp; Mixed Vegetables Sliced Peaches or Fresh Pear</p>	<p><b>16 Breakfast</b> Bacon &amp; Grits</p> <p><b>Lunch</b> Pepperoni Pizza Chicken Salad w/WG roll Green Beans Steam Carrots or Marinara Sauce Fresh Orange wedges</p>	<p><b>17 Breakfast</b> Pancakes or French Toast sticks</p> <p><b>Lunch</b> Sweet &amp; Sour Chicken Tender Chef Salad Baked Potato/WG Breadstick Romaine Tossed Salad Fresh Banana</p>	<p><b>18 Breakfast</b> Steak Nuggets &amp; Cheese Grits</p> <p><b>Lunch</b> Roast Chicken or PBJ Sweet Potato or Yams Collards or Turnips Blackeye Peas or Pinto Beans Corn Muffin &amp; Fruit Cocktail</p>	<p><b>19 Breakfast</b> Sausage, Toast &amp; Grits</p> <p><b>Lunch</b> Cheeseburger Hot Ham Cheese WG bun Lettuce/Tomato/Pickles Sun Chips &amp; Baked Beans Fresh Apple</p>
<p><b>22 Breakfast</b> Steak Nuggets &amp; Grits</p> <p><b>Lunch</b> Cheese Taco w/WG chips Grilled Cheese Lettuce/Tomato/Peppers Buttered Corn Sliced Peaches</p>	<p><b>23 Breakfast</b> Bacon &amp; Grits</p> <p><b>Lunch</b> BBQ Chicken WG bun Chef Salad w/WG roll Baked Potato Steamed Broccoli &amp; Carrots Fresh Pears</p>	<p><b>24 Breakfast</b> Chicken Biscuit &amp; Grits</p> <p><b>Lunch</b> Pizza or PBJ Jammer Romaine Green Salad Greens Beans Fresh Banana <b>Extra:</b> Chocolate Chip Cookie</p>	<p><b>25 Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> Slider Cheeseburger on WG Sliced Hot Ham Cheese sandwich Baked Beans French Fries Fresh fruit</p>	<p><b>26 Breakfast</b> Cereal Bar &amp; Crackers</p> <p><b>Early-Release Lunch</b> PBJ or Slice Ham WG bun Carrot sticks &amp; Rand dip Sun Chips 100% Vegetable juice Fresh fruit</p>
<p><b>Notice to Parents:</b> Putnam County Charter School Nutrition Program offers a variety of produce at every meal. <b>Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast &amp; Lunch.</b> <b>*Whole Grains=WG</b></p>	 	<p>Putnam County Seamless Summer Nutrition Program begins on <b>June 5, 2017.</b> All meals including breakfast are <b>at no cost.</b></p> <p><b>Breakfast: 7:15-8:00 AM</b> <b>Lunch: 11:30-12:30 PM</b></p>		

National Strawberry Month



**PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE.**

**\* Variety of Milk (Breakfast & Lunch) Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast \***

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**