







**Featured Georgia Produce: Strawberries & Blueberries**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>01 Breakfast</b> French Toast Sticks w/syrup</p> <p><b>Lunch</b> Chicken Fajita &amp; WG wrap or Hamburger w/WG bun Baked Beans Potato Triangle Assorted Fresh fruit</p>	<p><b>02 Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Chicken Nuggets w/WG roll Chick Peas Creamy Mashed Potatoes Sliced Peaches</p>	<p><b>03 Breakfast</b> Sausage Pizza</p> <p><b>Lunch</b> Pepperoni Pizza or Tossed Green Salad w/dressing Grape Tomatoes Steamed Italian cut Beans Fresh Banana</p>	<p><b>04 Breakfast</b> Waffles w/syrup</p> <p><b>Lunch</b> Chicken over Rice Pilaf or Hamburger on WG bun Steamed Green Peas Buttered Diced Potatoes Assorted Fresh Fruit</p>	<p><b>05 Breakfast</b> Cheese Grits &amp; Sausage Patty <b>School Nutrition Hero Day</b></p> <p><b>Lunch</b> Beef Nuggets w/WG roll Baked French Fries Baked Beans Mandarin Orange wedges</p>
<p><b>08 Breakfast</b> French Toast sticks w/syrup</p> <p><b>Lunch</b> Beef or Chicken WG Nachos &amp; Cheese sauce Steamed Butter Corn Steamed Early Peas Assorted Fresh fruit</p>	<p><b>09 Breakfast</b> Chicken Biscuit</p> <p><b>Lunch</b> Chicken and Rice w/WG roll or Hamburger on WG bun Green Salad Grape Tomatoes Oven Baked Fries Sliced Peaches</p>	<p><b>10 Breakfast</b> Cheese Grits &amp; Assorted Muffins</p> <p><b>Lunch</b> Fajita Chicken on WG wrap or Buttered Corn Broccoli w/Cheese sauce <b>Fresh Strawberries</b></p>	<p><b>11 Breakfast</b> Waffles w/syrup</p> <p><b>Lunch</b> Pepperoni Pizza Tossed Green Salad Grape Tomatoes Steamed Italian Green Beans Fresh Banana</p>	<p><b>12 Breakfast</b> Cheese Grits &amp; Sausage Patty</p> <p><b>Lunch</b> Beef Patty w/Rice &amp; gravy or Ham sandwich on WG Broccoli w/ Cheese sauce Potato Triangles Sliced Pears</p>
<p><b>15 Breakfast</b> Sausage Pizza</p> <p><b>Lunch</b> Chicken or Beef wrap w/WG wrap Creamy Mashed Potatoes Steamed Buttered Corn Assorted Fresh fruits</p>	<p><b>16 Breakfast</b> Cheese Grits &amp; Assorted Muffins</p> <p><b>Lunch</b> <b>Hot</b> Wings or <b>BBQ</b> Wings WG roll Steamed Italian cut Beans Potato Triangle Sliced Pears</p>	<p><b>17 Breakfast</b> Chicken Biscuit</p> <p><b>Field Day</b> Hamburger w/WG bun Assorted WG Chips 100% Vegetable Juice box 100% Cherry Juice Bar</p>	<p><b>18 Breakfast</b> <b>Strawberry/Blueberry</b> Parfait</p> <p><b>Field Day</b> Hamburger w/WG bun Assorted WG Chips 100% Vegetable Juice box 100% Cherry Juice bar</p>	<p><b>19 Breakfast</b> Cheese Grits &amp; Sausage Patty</p> <p><b>Lunch</b> Chicken Nuggets w/WG roll or Beef Nuggets w/WG roll Steamed Green Peas Broccoli w/Cheese sauce Assorted Fresh fruit</p>
<p><b>22 Breakfast</b> Waffles w/syrup</p> <p><b>Lunch</b> Beef or Chicken WG Nachos w/Cheese sauce Steamed Butter Corn Broccoli w/Cheese sauce Assorted Fresh fruit</p>	<p><b>23 Breakfast</b> Super Donut &amp; Cheese Grits</p> <p><b>Lunch</b> Hamburger on WG bun or Corn Dog Creamy Mashed Potatoes Broccoli w/Cheese sauce Fresh Orange wedges</p>	<p><b>24 Breakfast</b> Sausage Biscuit</p> <p><b>Lunch</b> Pepperoni Pizza or Beef Taco w/WG wrap Romaine Tossed Salad Grape Tomatoes Baked Potato Triangle Assorted Fresh fruit</p>	<p><b>25 Breakfast</b> Assorted WG Muffins &amp; Potato Triangle</p> <p><b>Lunch</b> Beef Nachos w/Cheese sauce Baked Beans Baked French Fries Fresh Banana</p>	<p><b>26 Breakfast</b> Donut or Cereal w/Graham Crackers</p> <p><b>EARLY RELEASE</b> PBJ Wafer bar or Ham sandwich on WG Assorted WG Chips 100% Vegetable Juice box Fresh fruit</p>
<p><b>Notice to Parents:</b> Putnam County Charter School Nutrition Program offers a variety of produce at every meal. <b>Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast &amp; Lunch.</b> *Whole Grains=WG</p>	 	<p>Putnam County Seamless Summer Nutrition Program begins on <b>June 5, 2017.</b> All meals including breakfast are <b>at no cost.</b></p> <p><b>Breakfast: 7:15-8:00 AM</b> <b>Lunch: 11:30-12:30 PM</b></p>		

National Strawberry Month



**PLEASE REMEMBER THAT PUTNAM COUNTY CHARTER SCHOOL SYSTEM IS OFFERING BREAKFAST AT NO COST TO ALL STUDENTS THIS YEAR**

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE.**

**\* Variety of Milk (Breakfast & Lunch) Cereal, 100% Juice, Fresh Fruit or Vegetables Offered Daily for Breakfast \***

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**