









Featured Georgia Produce: Strawberries & Blueberries

Monday	Tuesday	Wednesday	Thursday	Friday
<p>01 Breakfast French Toast Sticks w/syrup</p> <p>Lunch Chicken Fajita & WG wrap or Hamburger w/WG bun Baked Beans Potato Triangle Assorted Fresh fruit</p>	<p>02 Breakfast Chicken Biscuit</p> <p>Lunch Chicken Nuggets w/WG roll Hot Dog on WG bun Chick Peas Creamy Mashed Potatoes Sliced Peaches</p>	<p>03 Breakfast Sausage Pizza</p> <p>Lunch Pepperoni Pizza or Corn Dog Tossed Green Salad w/dressing Grape Tomatoes Steamed Italian cut Beans Fresh Banana</p>	<p>04 Breakfast Waffles w/syrup</p> <p>Lunch Chicken over Rice Pilaf or Hamburger on WG bun Steamed Green Peas Buttered Diced Potatoes Assorted Fresh Fruit</p>	<p>05 Breakfast Cheese Grits & Sausage Patty School Nutrition Hero Day</p> <p>Lunch Beef Nuggets or Hot Dog w/WG roll Baked French Fries Baked Beans Mandarin Orange wedges</p>
<p>08 Breakfast French Toast sticks w/syrup</p> <p>Lunch Beef or Chicken WG Nachos & Cheese sauce Steamed Butter Corn Steamed Early Peas Assorted Fresh fruit</p>	<p>09 Breakfast Chicken Biscuit</p> <p>Lunch Chicken and Rice w/WG roll or Hamburger on WG bun Green Salad Grape Tomatoes Oven Baked Fries Sliced Peaches</p>	<p>10 Breakfast Cheese Grits & Assorted Muffins</p> <p>Lunch Fajita Chicken on WG wrap or Corn Dog Buttered Corn Broccoli w/Cheese sauce Fresh Strawberries</p>	<p>11 Breakfast Waffles w/syrup</p> <p>Lunch Pepperoni Pizza or Hot Dog Tossed Green Salad Grape Tomatoes Steamed Italian Green Beans Fresh Banana</p>	<p>12 Breakfast Cheese Grits & Sausage Patty</p> <p>Lunch Beef Patty w/Rice & gravy or Ham sandwich on WG Broccoli w/Cheese sauce Potato Triangles Sliced Pears</p>
<p>15 Breakfast Sausage Pizza</p> <p>Lunch Chicken or Beef wrap w/WG wrap Creamy Mashed Potatoes Steamed Buttered Corn Assorted Fresh fruits</p>	<p>16 Breakfast Cheese Grits & Assorted Muffins</p> <p>Lunch Hot Wings or BBQ Wings WG roll Steamed Italian cut Beans Potato Triangle Sliced Pears</p>	<p>17 Breakfast Chicken Biscuit</p> <p>Field Day Hamburger or Hot Dog on/WG bun Assorted WG Chips 100% Vegetable Juice box 100% Cherry Juice Bar</p>	<p>18 Breakfast Strawberry/Blueberry Parfait</p> <p>Field Day Hamburger or Hot Dog on/WG bun Assorted WG Chips 100% Vegetable Juice box 100% Cherry Juice bar</p>	<p>19 Breakfast Cheese Grits & Sausage Patty</p> <p>Lunch Chicken Nuggets w/WG roll or Beef Nuggets w/WG roll Steamed Green Peas Broccoli w/Cheese sauce Assorted Fresh fruit</p>
<p>22 Breakfast Waffles w/syrup</p> <p>Lunch Beef or Chicken WG Nachos w/Cheese sauce Steamed Butter Corn Broccoli w/Cheese sauce Assorted Fresh fruit</p>	<p>23 Breakfast Super Donut & Cheese Grits</p> <p>Lunch Hamburger on WG bun or Corn Dog Creamy Mashed Potatoes Broccoli w/Cheese sauce Fresh Orange wedges</p>	<p>24 Breakfast Sausage Biscuit</p> <p>Lunch Pepperoni Pizza or Beef Taco w/WG wrap Romaine Tossed Salad Grape Tomatoes Baked Potato Triangle Assorted Fresh fruit</p>	<p>25 Breakfast Assorted WG Muffins & Potato Triangle</p> <p>Lunch Beef Nachos w/Cheese sauce or Hot Dog on WG bun Baked Beans Baked French Fries Fresh Banana</p>	<p>26 Breakfast Donut or Cereal w/Graham Crackers</p> <p>EARLY RELEASE PBJ Wafer bar or Ham sandwich on WG Assorted WG Chips 100% Vegetable Juice box Fresh fruit</p>
<p>Notice to Parents: Putnam County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Breakfast & Lunch. *Whole Grains=WG</p>	 	<p>Putnam County Seamless Summer Nutrition Program begins on June 5, 2017. All meals including breakfast are at no cost.</p> <p>Breakfast: 8:00-9:00 AM Lunch: 11:30-12:30 PM</p>		

National Strawberry Month

**PLEASE
REMEMBER THAT
PUTNAM COUNTY
CHARTER SCHOOL
SYSTEM IS
OFFERING
BREAKFAST AT NO
COST TO ALL
STUDENTS THIS
YEAR**

**MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.**

*** Variety of Milk
(Breakfast & Lunch)
Cereal, 100% Juice,
Fresh Fruit or
Vegetables Offered
Daily for Breakfast ***

**THIS
INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER**