







January 2017

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MEALTIME MESSAGE
Additional Daily Entrée Choices Chicken Tenders/Nuggets Pizza Chicken Caesar Salad Deli Sandwich	Winter Break	Winter Break	Asian Chicken w/Ginger Rice Teriyaki Glazed Vegetables Kale and Mandarin Orange Salad Fresh Orange , Applesauce	Seaside Filet Sandwich Carolina Cole Slaw Black-eyed Peas Fresh Banana, Diced Pears	MEALTIME MESSAGE Lunch \$2.75 Assorted Milk Choices Available Daily for Breakfast and Lunch: 1% White, Skim White, Fat Free Chocolate, Strawberry, and Vanilla ~~~~~ This Month's SC Grown Fresh Produce.... ~~~~~ Broccoli Collard Greens ~~~~~ ** Contains Pork Menu Items subject to change based upon availability.
8 Pub Burger Garlic Ranch Green Beans Oven Baked Fries Diced Pears, Fruit Cocktail	9 Chicken Quesadilla Sliced Tomatoes Picante Pintos Fresh Orange Wedges, Applesauce	10 Country Beef Steak w/Rice and Gravy Breaded Okra Steamed Corn Strawberries, Sliced Peaches	11 Chicken and Waffles Steamed Spring Vegetables Confetti Collards Mandarin Oranges, Fresh Apple	12 Seasoned Chicken Sandwich Sweet Potato Fries Spinach Salad Fresh Banana, Fresh Grapes	
15 MLK Day	16 Spanish Rice Bowl w/Seasoned Chicken & Pico De Gallo Mexicali Salad Steamed Corn Fresh Grapes, Peach Cup	17 **Cuban Pork Flatbread Roasted Cauliflower Baked Beans Fresh Banana, Applesauce	18 Meatloaf w/Roll Mashed Potatoes Honey Dill Carrots Peach Cup, Fresh Grapes	19 Corn Dog Oven Baked Fries  Fresh Broccoli w/Dip Mandarin Oranges, Pear	
22 Szechuan Chicken w/Ginger Rice  Roasted Squash & Zucchini Spinach Salad Fresh Apple, Mandarin Oranges	23 Chicken Pot Pie Baked Beans Tex Mex Corn Pineapple, Fresh Melon	24 Vegetable Soup w/Toasted Cheese Sandwich Steamed Broccoli  Marinated Cucumbers Strawberries, Applesauce	25 Chicken Bog**  Confetti Collards Breaded Okra Fresh Melon, Fruit Cocktail	26 Chicken Florentine Flatbread Sweet Potato Fries Caesar Salad Mandarin Oranges, Pear	
29 Buffalo Roasted Chicken w/Roll Veggie Cup w/Dip  Oven Baked Fries Fresh Apple, Diced Pears	30 Fiesta Fish Tacos Kale and Mandarin Orange Salad  Steamed Squash Pineapple, Applesauce				



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