

Ware Shoals High October 2021 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 No School
4 No School	5 No School	6 No School	7 No School	8 No School
11 Choice of Strawberry Pop Tart Or Cereal Both Come With Cheese Stick Pear Slices **Choice of Juice *Variety Milk	12 Biscuit With Gravy Tri-Taters Mandarin Oranges Grape Jelly **Choice of Juice *Variety Milk	13 Sausage & Egg Biscuit Graham Cracker Banana **Choice of Juice *Variety Milk	14 Cinnamon Roll Choice of Cereal Apple Half **Choice of Juice *Variety Milk	15 French Toast Sticks Maple Syrup Strawberry Slices **Choice of Juice *Variety Milk
18 Pancakes Sliced Peaches Maple Syrup **Choice of Juice *Variety Milk	19 Breakfast Sausage Pizza Toast Banana Grape Jelly **Choice of Juice *Variety Milk	20 Dutch Waffle Pineapple Tidbits **Choice of Juice *Variety Milk	21 Pancake Sausage Sandwich Maple Syrup Fresh Orange Slices **Choice of Juice *Variety Milk	22 Chicken Biscuit Fruit Cocktail Graham Crackers Grape Jelly **Choice of Juice *Variety Milk
25 Donut Holes Or Cereal Both Come With Cheesestick Applesauce Cup **Choice of Juice *Variety Milk	26 Sausage & Egg Biscuit Graham Cracker Banana **Choice of Juice *Variety Milk	27 French Toast Sticks Maple Syrup Fresh Orange Slices **Choice of Juice *Variety Milk	28 Cinnamon Roll Choice of Cereal Pear Halves **Choice of Juice *Variety Milk	29 Grits Toast Cheese Sausage Patty Peach Slices **Choice of Juice *Variety Milk
*Variety Milk offered daily 1% White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk 	**Variety Juice offered daily Apple Juice Grape Juice Orange Juice 			

This institution is an Equal Opportunity Provider
 Menus are subject to change due to circumstances beyond our control