

Ware Shoals Elementary-Middle September 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Variety Milk offered daily 1% White Milk Fat Free Chocolate Milk Fat Free Strawberry Milk Fat Free Vanilla Milk</p> 		<p>1 Hot Dog with Chili on Bun Or Turkey And Cheese On Bun Both Come With Seasoned Curly Fries Cole Slaw Fresh Orange Slices Applesauce *Variety Milk</p>	<p>2 Pizza Crunchers with Marinara Sauce Or Yogurt With Graham Crackers Green Beans Tossed Salad Pineapple Tidbits Sliced Peaches Choice of Dressing *Variety Milk</p>	<p>3 Popcorn Chicken Or Breaded Beef Steak Patty Both Come With Whole Grain Dinner Roll Creamy Mashed Potatoes Gravy Pinto Beans Grapes Fruit Cocktail *Variety Milk</p>
<p>6 No School</p> 	<p>7 Chicken And Noodles Goldfish Crackers Or Toasted Cheese Sandwich Both Come With Carrot Cup with Dip Green Peas Pineapple Tidbits Peach Cup *Variety Milk</p>	<p>8 BBQ Pork Sandwich Or Ham And Cheese On Bun Both Come With Seasoned Curly Fries Cucumber Cup with Dip Grapes Applesauce Cup *Variety Milk</p>	<p>9 Turkey Or Sliced Ham Both Come With Whole Grain Dinner Roll Macaroni And Cheese Lima Beans Breaded Okra Pear Slices Fresh Orange Slices *Variety Milk</p>	<p>10 Sausage Patty, Toast and Grits with Cheese Or Yogurt With Graham Crackers Both Come With Tater Tots Tomato Slices Orange Juice Strawberry Slices Grape Jelly *Variety Milk</p>
<p>13 Cheeseburger Lettuce And Tomato Cup Or Toasted Cheese Sandwich Both Come With French Fries Veggie Cup with Dip Fresh Orange Slices Applesauce *Variety Milk</p>	<p>14 Cheese Bites with Marinara Sauce Or Yogurt With Graham Crackers Both Come With Green Beans Tossed Salad Banana Strawberry Slices Choice of Dressing *Variety Milk</p>	<p>15 Corn Dog Or Turkey And Cheese On Bun Both Come With Seasoned Curly Fries Cole Slaw Diced Cantaloupe Apple Half *Variety Milk</p>	<p>16 Chicken Alfredo With A Twist Breadstick Or Ham And Cheese On Bun Both Come With Broccoli & Cheese Carrot Cup with Dip Fruit Cocktail Peach Cup *Variety Milk</p>	<p>17 Popcorn Chicken Or Breaded Beef Steak Patty Both Come With Whole Grain Dinner Roll Creamy Mashed Potatoes Gravy Pinto Beans Pineapple Tidbits Mandarin Oranges *Variety Milk</p>
<p>20 Tacos with Tortilla Wrap Shredded Cheese Or Toasted Cheese Sandwich Both Come With Lettuce And Tomato Refried Beans Corn Fresh Orange Slices Pear Slices *Variety Milk</p>	<p>21 Teriyaki Chicken with Breadstick Brown Rice Or Turkey And Cheese On Bun Both Come With Broccoli & Cheese Carrot Cup with Dip Banana Applesauce Cup *Variety Milk</p>	<p>22 Pepperoni Pizza Or Yogurt With Graham Crackers Both Come With Corn on the Cob Tossed Salad Choice of Dressing Peach Cup Fruit Cocktail *Variety Milk</p>	<p>23 Chicken Sandwich Or Toasted Cheese Sandwich Both Come With Lettuce And Tomato Cup Potato Chip Cucumber Cup With Dip Grapes Pineapple Tidbits *Variety Milk</p>	<p>24 No School</p>
<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>	<p>30 No School</p>	